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# ME SHABBOS. WELCOME YOU. FIND AN EVENT NEAR YOU THIS SHABBOS.

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#### **CHABAD OF SANDTON**

Pre-Shabbos: **Challah Dates** Friday night:  $\rightarrow$  Communal candle lighting for men, women & kids  $\rightarrow$  Kiddush and bites Shabbos lunch: **Community lunch** 

Shabbos afternoon Picnic in the park Havdallah: **Musical Havdallah** RSVP: Pnina on 0118035787

#### **EDENVALE SHUL**

Pre-Shabbos: Challah bake with Rebbetzin Helene Gruzd Friday night: Communal candle lighting and dinner Shabbos morning: Games, activities & treats for the kids Shabbos lunch: **Communal lunch Communal Seudat Shlishit** Shabbos afternoon: RSVP: Tamara 0769937767

#### **SANDTON SHUL**

Pre-Shabbos: → Challah bake  $\rightarrow$  Pre-Shabbos drinks

Friday night: → Unity candle lighting & Asian infusion dinner Shabbos morning: **Kids entertainment throughout Shabbos** Shabbos lunch: **Communal lunch Family Seudat Shlishit** Shabbos afternoon: RSVP: sandtonshul.co.za

#### WEST STREET SHUL

Pre-Shabbos: **Challah bake** Friday night: Communal dinne RSVP: Cindy 0724153222

#### **CHABAD OF FOURWAYS**

→ Challah bake Pre-Shabbos:

→ Women and girls candle lighting Friday night: Kiddush after shul Shabbos morning: **Guest speaker Zemach Mendelow** RSVP: Yael 082 870 0880

#### **AISH HATORAH**

Friday night: Shabbos afternoon: RSVP:

After-dinner tequila, whiskey & biltong get-together **Community Seudat Shlishit** All welcome, no RSVP

#### **OHR SOMAYACH SAVOY**

Friday night: Shabbos afternoon: Tisch with Zusha at 9:30pm

→ Afternoon learning programme o Seudat Shlishit with Clamber Club at 5:10pm

**RSVP** All welcome, no RSVP

#### **OHR SOMAYACH GALLO MANOR**

Challah bake with Shereen Richter Pre-Shabbos: African-style braai and biltong shul dinner Friday night: RSVP: office@ohrsandton.com

#### **CHABAD OF LYNDHURST**

Shabbos lunch Brocha/light lunch

#### **HAMAOR**

Friday night: Special brocha and davening RSVP: All welcome, no RSVP

#### SYDENHAM SHUL

Seudat Shlishit in song with Chazan Yudi Cohen, Shabbos afternoon: musical director Rav Doron Chitiz, and the Sydenham Havdallah: **Musical Havdallah** 

RSVP: All welcome, no RSVP

#### **CHABAD OF GLENHAZEL**

Shabbos lunch: Picnic-style lunch in the Lalou's garden RSVP: All welcome, no RSVP

#### **WAVERLEY SHUL**

Shabbos lunch: Lunch and speaker programme Shabbos afternoon: **Seudat Shlishit** All welcome. 0117860437/8 RSVP:

#### **CHABAD OF GREENSTONE**

Challah bake Pre-Shabbos: "A night in China" dinner Friday night: RSVP: rabbi@chabadofgreenstone.co.za

#### PRETORIA HEBREW CONGREGATION

Friday night: **Community dinner** Shabbos morning: **Brocha and shiurin** Shabbos afternoon: Shiur by guest rabbi, Rabbi Chaim Finklestein Ora 0124607991 RSVP:

#### ICTORY PARK SHUL

Challah bake Pre-Shabbos: Friday night: Kiddush after shul Shabbos brunch Shabbos morning Shabbos afternoon: Picnic on the field RSVP: All welcome. Adrienne 0117825247 / 0842218770

#### **SANDTON CENTRAL**

Challah bake Pre-Shabbos: Friday night: o Candle lighting meditation o Community dinner **Community lunch** Shabbos lunch **Picnic in the Mushroom Park** Shabbos afternoon: Havdallah **Musical Havdallah** Rabbi Kievman 0794341293 RSVP:

#### OHRSOM STUDENTS

Pre-Shabbos: **Hotel stay in Sandton** Shabbos dinner Shabbos morning Shabbos lunch: **Shabbos lunch** RSVP: Daniella 0114407398

#### SUNNY ROAD KEHILLA

**Meat Kiddush lunch** Shabbos lunch RSVP: All welcome, no RSVI

#### **GREENSIDE SHUL**

Shabbos morning: Shabbos lunch Shabbos lunch: RSVP: Melanie 0117885036

#### SEPHARDI HEBREW CONGREGATION

Shabbos lunch: Shabbos lunch All welcome, no RSVP RSVP:

#### CHABAD OF MELROSE

Shabbos lunch Shabbos lunch All welcome, no RSVP

#### **SANDRINGHAM GARDENS**

Singalong shul service & communal dinner Friday night: Shabbos morning Singalong shul services Communal lunch Shabbos lunch

#### INKSFIELD SHUL

Pre-Shabbos: **Challah bake** Friday night: **Special guest Pinchas Shiel** RSVP: ticketzone.co.za/nightoflight or seizethedough@gmail.com

#### PINE STREET SHUL

RSVP:

Pre-Shabbos: **Challah bake with Rebbetzin Gerson** Musical Kabbalat Shabbat with treats & mega Kiddush Friday night: Shabbos afternoon: **Seudat Shlishit** 0116403101

Kiddush Shabbos morning **Shabbos lunch** Shabbos lunch: RSVP: Lee 0116466020

#### HAZELWOOD SHABBOS MINYAN

Friday night: RSVP: rabbisecrets@gmail.com or 073172258

#### CHABAD OF ILLOVO

Visit to senior citizens before Shabbos Pre-Shabbos: RSVP: 0832921006

#### CHABAD OF STRATHAVON

Shabbos lunch: Big brocha with cholent made by dads and lads RSVP: All welcome

#### **CHABAD OF NORWOOD**

Friday night dinner Friday night: Shabbos lunch: Shabbos brocha Shabbos afternoon: Shabbos lunch and some fantastic speakers 0823642555

#### **MIZRACHI SHUL / YESHIVA COLLEGE**

Shabbos morning: Shiurim after brocha focused on Hilchos Shabbos A unity Horim V'Yeladim with Seudat Shlishit Shabbos lunch:

#### **HYDE PARK SHUL**

Friday night: Young adults dinner at Rabbi Levi and Leah Communal dinner at the shull Shabbos lunch: Communal lunch Young adults dinner: 0828627499 RSVP: Communal dinner: 0783149339

#### THE BASE

Thursday night challah bake - 19:30 Pre-Shabbos: Friday night: Friday night dinner RSVP: sunnyroadbase@gmail.com or sunnyroadbase.co.za

#### **BNEI AKIVA SHUL**

Friday night: **Massive Kiddush** Shabbos morning: Huge brocha at the Bnei Bayit

#### **GREAT PARK SYNAGOGUE**

Shabbos lunch: Shabbos lunch and shmooze Shabbos afternoon: o Shabbos afternoon experience with speakers, board games, readers' corner and nosh

**Tumbling Tigerz** 

→ Kids programme: soccer, jumping castle and

#### Sandy 0117288152 RSVP:

**CAPE TOWN CLAREMONT SHUL** 

**Shul brocha** Shabbos morning: Shabbos lunch: **Lunch with guest speaker Howard Feldman** RSVP: 0216719006

#### **CHABAD OF SEA POINT**

Friday night: **Shabbat dinner for CSO volunteers** RSVP: 0214343740

#### **BEIT MIDRASH MORASHA**

Pre-Shabbos: Families are encouraged to invite others and participate in Shabbos

#### MARAIS ROAD SHUL

Pre-Shabbos:

Cholent tasting at the brocha will be judged by Shabbos morning: congregants and Merle Rubin RSVP: kerry@maraisroadshul.com or maraisroadshul.com

Cholent competition

Friday night

RSVP:

RSVP:

Shabbos afternoon:

> Communal candle lighting Kiddush I'chaim - Lamingtons & Liqueur ightarrow Shabbat dinner with guest speaker, Dr Brian Levin o Exciting entertainment for the kids! Community Shabbos brocha lunch with Dr Brian Levin Shabbos lunch

→ Kids/family activities

Havdallah: Havdallah led by MHC Youth 0215524285 office@milnertonshul.co.za

→ Delicious Seudat Shlishit

→ Ladies' shiur with Devorah Kruss

#### CAMPS BAY HEBREW CONGREGATION

**Guest speakers at brocha** Shabbos morning Shabbos afternoon: **Seudat Shlishit** 0214388082

#### CAPE TOWN HEBREW CONGREGATION (GARDENS SHUL)

Pre-Shabbos Thursday at Shimmy Beach Club with Zusha Friday night: → Chessed Club: Supper for residents of Highlands House → Under the Stars communal dinner Shabbos morning **Speakers throughout Shabbos** Shabbos lunch: Shabbos lunch with cholent and inspiring talk ightarrow Late afternoon oneg Shabbos at the Feldman house Shabbos afternoon

with an optional learning circle  $\rightarrow$  Seudat Shlishit Havdallah: **Musical Havdallah** 0214651405 RSVP:

#### **MUIZENBERG HEBREW CONGREGATION**

Pre-Shabbos: Thursday evening music fun Friday night: Friday night supper RSVP: 0217881624 Cecile

#### **OHR SOMAYACH**

Shabbos morning Guest speakers Dr Angelique Oliveira, Prof Cyril **Karabus and Yaakov Shleider** Shabbos lunch: **Shabbos lunch** 0214346772 RSVP:

#### SEPHARDI HEBREW CONGREGATION

Friday night: Friday night communal dinner Shabbos lunch Shabbos lunch **Seudat Shlishit** Shabbos afternoon: RSVP: WhatsApp 0727806492 or office@sephardi.capetown

#### **DURBAN**

RSVP:

#### UMHLANGA JEWISH CENTRE

Pre-Shabbos: Friday welcome l'chaim 5:00pn → Wizo Candle Lighting 5:30pm Friday night: → Punch and Perogen Kiddush after shul → Shabbos coffee and cake from 8am Shabbos morning → Kiddush and shiu Shabbos lunch: **Festive lunch** Shabbos afternoon: Dads & lads soccer match, board games & popcorn Havdallah **Musical Havdallah** 

#### **DURBAN UNITED HEBREW CONGREGATION**

Pre-Shabbos: **Communal candle lighting** Friday night: Shabbos supper after services Shabbos lunch **Shabbos Project lunch after services Booking essential 0312015177** RSVP:

0315663227

#### **CHABAD OF UMHLANGA**

Pre-Shabbos: Accommodation for anyone who needs at R120 Friday night: **Community Shabbos dinner** Shabbos lunch **Brocha lunch Booking essential 0315612487** RSVP:



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overlaid with brass studs, raised on 4 bun feet SOLD R42,000

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Volume 23 - Number 40 ■ 15 November 2019 ■ 18 Cheshvan 5780 south african • ewish Report

# A barrage of rockets aimed at the Jewish state

**NICOLA MILTZ** 

t has been days of mayhem and panic with more than 250 rockets fired in Israel since Tuesday morning. This situation has been caused by retaliatory attacks after the planned killing in Gaza of a senior Islamic Jihad commander, who had intended unleashing mass bloodshed in Israel.

The SA Jewish Report contacted South Africans living in Israel who spoke of how they were scrambling for safety in bomb shelters and safe rooms as air raid sirens wailed across the country.

"Thank G-d for the Iron Dome," said Pretoria-born

father-of-four Shmuel Shantall, a tour guide who lives in Modiin.

The Israel Defence Forces (IDF) warned that they were prepared for several days of fighting following the "surgical strike" on Palestinian Islamic Jihad (PIJ) senior commander Baha Abu al-Ata.

On Tuesday the IDF ordered schools to be closed in southern and central Israel, including the Tel Aviv metropolitan area, as terror groups in the Gaza Strip fired hundreds of rockets at cities and towns throughout the country in retaliation for the assassination.

By Tuesday night, more than 190 rockets had been fired into Israel from Gaza. There was relative calm overnight, but the barrage of rocket fire continued on Wednesday morning. At the time of going to print, the number of rockets had risen to 350. On Wednesday, the IDF said the PIJ was launching rockets at Israeli towns once every seven-and-a-half minutes.

Tuesday started like most ordinary days, said Shantall, getting the children ready for school. But then "it really turned into one of those days".

"We heard the sirens as my wife, Orya, got back from dropping the kids at school," he said. The couple then rushed to fetch their children and made their way to his parents' apartment to use the secure room with its steel shutter.

"We heard the Iron Dome interception over the skies of Modiin, then we heard the loud boom. And afterwards, when we went outside, we saw the clouds above and you could see the trail of smoke."

Shantall said the biggest concern is "to keep the kids calm and distract them".

"My 11-year-old knows what's happening, so he becomes a bit shaky. There is this strange sense of

security. You worry for your kids, that they don't see you panic. It's a strange feeling, almost surreal. It has the element of excitement and adrenaline, but there's also a huge sense of gratitude that we are able to defend ourselves.'

In certain areas, once it is safe to leave shelters, life returns to normal, shops reopen and people go about their everyday lives. "There is a lull, but I also know that friends of mine have been called up for reservist duty," said Shantall.

For many, the air-raid sirens are hugely disruptive and inconvenient. But for those with young children there is the added dimension of fear and panic as

intercepted, and went back inside again. You can't let these things get to you - life goes on, there are issues all over the world."

Janice Friedland of Johannesburg, who was visiting her daughter in Tel Aviv, said it was "quite scary".

"On Tuesday, we heard the siren and went to the bomb shelter. It lasted a few minutes and then we could come out," she said.

She added that the streets were noticeably quieter afterwards and many of the shops were closed. "It was quite scary seeing as this was our first time

a siren. Her family, including her husband and two daughters who are in their 20s, stay indoors and spend quality time together. But, she said, "for people with small kids it's a very different kettle of fish".

South African Oleh Dorron Kline told the SA Jewish Report that during a flare-up it is stressful, but residents get fair warning. The instructions from the Israeli Home Front Command are very clear, and if people stay close to their safe rooms they will be fine.

His daughter, Shaked, lives about 400m from the Gaza fence in Kibbutz Nahal

> Oz. "Her bedroom is a safe room, so when there are sirens at night she stays put. On Tuesday there were so many sirens that she and her partner went hiking in the Ramon Crater to get away from the noise, as there was no work."

This week was the first time that the IDF ordered a closure of schools and businesses in the Tel Aviv metropolitan area since the 2014 Gaza war.

According to the IDF, Abu al-Ata was planning to carry out rocket attacks and other terrorist activities against Israel, and was also directly responsible for several cases of rocket fire over the past six months. The military said it had sent a number of warnings to Abu al-Ata to call off his operations, but they went unheeded

In the past year, terror groups in Gaza, including the PIJ, have fired hundreds of rockets at Israel, which has responded by targeting their infrastructure and some of their members.

Twenty-one Palestinians in Gaza have been killed by Israeli fire since early Tuesday, the majority of whom are believed to belong to terror groups.

The South African Jewish Board of Deputies has called on the South African government to condemn the rocket attacks. The government, however, had not issued any statements at the time of going to press.



they dash to safe rooms and attempt to keep the little ones calm. Others regard the sirens as a rude interruption in the day, and then it's back to life as normal.

South African immigrant Geora Zadok, who resides in south Tel Aviv, has lived in Israel for 10 years. He said he is used to the sirens. "I was out cycling on Tuesday when I heard the sirens go off. I watched the Iron Dome take out two missiles and then I went inside and ate breakfast."

He said a short while later, while he was taking a shower, he heard the sirens again. "I went onto my balcony, heard the loud bangs of missiles being experiencing the sirens in Israel," she said.

Heather Bloch, who lives in Ashkelon, about 20km from Gaza, said her family is always "very relaxed" during the air raid sirens as it has "become a way of life".

"You sort of get used to it. It's unsettling, more than anything else, and there is uncertainty over how long things will last when work will resume, when schools will open, that kind of thing. The uncertainty is unsettling."

She said in Ashkelon the residents have 30 seconds to get to a safe area following

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**2** SA JEWISH REPORT 15 - 22 November 2019

# Community on high alert as Sydney faces 'catastrophic fire'

**TALI FEINBERG** 

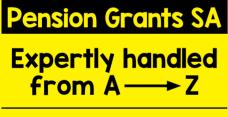
Jewish family living on the far north coast of New South Wales, Australia, ad to evacuate their home at 03:00 on Shabbat last week. "At the moment, they don't know if their home is still standing," said Vic Alhadeff, chief executive officer of the NSW Jewish Board of Deputies.

Alhadeff spoke to the SA Jewish Report this

#### Shabbat times this week Starts Ends 18:15 19:09 Johannesburg 20:05 19:09 Cape Town 18:11 19:05 Durban 18:15 19:23 Bloemfontein 18:15 19:37 Port Elizabeth 19:25 East London







Contact Arnold 082 447 0185



week from the east coast of Australia, where more than 130 wildfires are burning and the greater Sydney area faces a "catastrophic fire danger" for the first time. He said another Jewish family in the same area had been badly affected by smoke. His organisation has started a crowdfunding initiative to raise money for the bushfire victims.

Alhadeff explained that the Sydney suburb of St Ives has many expat South African Jewish families, and they are nervous because of fires threatening the next-door suburb of Turramurra. "In addition, if you fly over St Ives, it looks like bushland. It's very green and dense with trees, and it has a major nature reserve in the middle of it, so that is a flashpoint for fires. While people there have not been ordered to evacuate, they are concerned and anxious."

According to Australia's fire-rating system, "catastrophic" means "for your survival, leaving early is the only option". It instructs residents to "leave bushfire-prone areas the night before or early in the day - do not just wait and see what happens. Make a decision about when you will leave and where you will go, how you will get there and when you will return. Homes are not designed to withstand fires in catastrophic conditions, so you should leave early."

More than 100 000 homes are at risk over the coming days as a combination of drought, heat and blustery winds bears down on NSW, the country's most populated state, reported the New York Times.

"The conditions are expected to get worse," Shane Fitzsimmons, the Rural Fire Service commissioner, said on Tuesday afternoon in Sydney. "Complacency kills," he added. "We cannot afford to be complacent."

The fires, which began burning last weekend, have caused four deaths and destroyed more than 150 properties, with more going up in flames every few hours. Maps for the areas likely to burn show blazes potentially doubling in size, with Coffs Harbour, a coastal city of 70 000 people, looking especially vulnerable, along with Sydney's outer suburbs.

"Everybody has to be on alert, no matter



where you are, and everybody has to assume the worst. We cannot allow complacency to creep in," NSW premier Gladys Berejiklian told reporters in Sydney, according to

Alhadeff said there is a chance that the fires were started deliberately, but they also could have occurred because of drought and heat. This is highly concerning as it is not even summer yet and the country is expecting a hotter, drier season ahead. "So it's all too easy for a bushfire to erupt," he said. "These conditions are an urgent crisis."

He said he had just received a call from a group of 15 Israeli firefighters, who are ready to fly out to offer their expertise in both firefighting and post-fire work. However, they would need thousands of dollars for flights, accommodation and equipment. At this stage, those in authority told Alhadeff, things are under control, although the offer is appreciated.

Hilary Coleman, formerly of Johannesburg and now living in Sydney, says when she moved to the city 20 years ago, she found bushfire season to be a scary reality of life in Australia. This week, she

was grateful to "have escaped the horror of this catastrophic and unprecedented event, but seriously, the north shore of Sydney is carved out of bushland. We have had to download the app of the Rural Fire Services, Fires Near Me. Everyone was instructed to have a bag ready to take with in case of evacuations - passport, important documents, photos and jewellery. These situations turn at the drop of a hat and you are faced with walls of flames," said Coleman.

"Hundreds of schools that backed onto bushland were closed today [Tuesday, 12 November]. My grandson's school wasn't closed, but we were on alert in case things changed. These are all schools right in all the streets around me. There have been house fires in the suburb right next to me, a three-minute drive from me, where blowing embers caught the roof. This has been totally catastrophic. I am devastated for those who have lost loved ones, their homes, their farms, their livelihoods. And, oh my G-d, the loss of wildlife, especially the koala bears, is just incalculable," she

#### Torah Thought

## Let trust be the message this Shabbat

his parsha continues with what Rashi (in his commentary to Gemara Gittin) calls Megillat Avraham, the Scroll of Abraham. The story of our great patriarch Avraham and matriarch Sarah takes place over 14 chapters in the Torah and certainly merits the title Megillah in its own right. The question, however, is: What is special about Avraham that he suddenly becomes this primary character in the story that Hashem tells us through the Torah?

Although the Midrashim and Gemarot contain famous oral traditions regarding Avraham discovering the truth of G-d unassisted, smashing the idols in the father's shop and more, there must

> be a core truth that we can extract from reading the revealed Torah as it is presented to us. I believe that the essence of the role that Avraham plays can be summed up in one word: trust. Avraham was one who trusted Hashem, and who was

In contrast with Adam, who, seemingly five minutes after being given one instruction regarding the fruit of the tree of knowledge, disregards that instruction and eats the fruit, Avraham withstands 10 trials (as we learn in Pirkei Avot chapter 5), and emerges greater than ever. Why is Avraham tested? I propose that it is through testing the relationship that trust is both created and emerges. So often in life we struggle to "let go and let G-d", to release the problems that we cannot solve anyway, and ask Hashem for help.

But, equally often, we fail to be trustworthy to Hashem - to use all that He has given us in his great kindness in the way in which He intended it. Recently, someone confided to me that although they rarely attend shul, they do visit G-d's beaches and G-d's mountains frequently over Shabbat. "Wonderful that you appreciate these wonders of Hashem's creation," I said, "but are you using them as the Giver intended?" In other words, are you a trustworthy recipient?

The beauty of the relationship between Avraham and Hashem is that when Hashem calls upon Avraham, he is ready and he responds. And when

#### Rabbi Sam Thurgood, Beit Midrash Morasha

Avraham needs Hashem, He is there for him too. This week's parsha takes that dynamic a step further - Avraham is not only trustworthy in his

religious life, he is a trustworthy friend. Seeing strangers in the desert, he runs to assist them and take care of them. In turn, they bless him with a son. The open-hearted way in which Avraham engages with all, risking disappointment and rejection (and at times experiencing both), earns him his place as a firm friend of Hashem and of

This Shabbat is the Shabbat Project, in which we join with over one million Jews around the world in keeping Shabbat. It is a day which ideally combines all these great forms of trust. We demonstrate our trust in Hashem by letting go of our weekday work, worries and plans. We show our trustworthiness by using the gift of Shabbat as intended. And we show that we are trusted friends by sharing Shabbat together, inviting people over and learning together what Shabbat means and how it blesses us.

I trust that you will have a wonderful Shabbat!



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**NICOLA MILTZ** 

ana Marks, the first Jewish South African-born United States ambassador-designate to South Africa, got down to business on Wednesday. It was her first day in the office and she hosted a media briefing in which she outlined her priorities as she begins her tenure.

cornerstone upon which everything else can be built."

She said South Africa is the democratic and economic leader of the world's fastest-growing continent and that the US "greatly values" the partnership between the two nations.

The US is South Africa's third largest trading partner, with two-way trade in 2018 valued at \$13.7 billion,

"The tremendous victory of the Springboks in the Rugby World Cup and especially the powerful message of unity and determination spoken by the team's remarkable captain, Siya Kolisi, was an inspiration not just to South Africans, but to Americans as well. As such, I would like to borrow a theme from that historic weekend: the United States

and South Africa, indeed, are stronger together."

Marks said President Donald Trump and Congress believe in Ramaphosa and she is "thrilled to be the conduit" to facilitate the strengthening of relationships between the two countries. She said it is an "exciting and pivotal time" to greatly increase trade and investment, and she can see it being "accelerated at a fast pace".

The Prosper Africa initiative shows a commitment to expanding the number of commercial deals between the two countries, Marks said, and she will lead the Mission South Africa "deal team" to play matchmaker for US firms interested in coming to South

Africa, and South African companies looking for access to the US market.

Marks said she will prioritise

control of HIV/Aids, youth employment and empowerment. She said that since 2004, the US has invested R80 billion in South Africa to support HIV prevention, testing and treatment. "We will be spending more than \$750 million [about R11 billion] this year alone," she said. "I will wholeheartedly continue to advocate for and work towards this crucial goal of epidemic control, doing so alongside the South African government and our heroic President's **Emergency Plan for** 

Aids Relief, Pepfar."

She said the US has many programmes in place to promote leadership, entrepreneurship and career development for young people, including the Youth African Leaders Initiative and the Mandela Washington Fellowship. "However, we can do more," she said.

Marks said she is particularly "and personally" interested in helping South African women realise their full professional and economic potential. The US is piloting the Academy of Women Entrepreneurs in SA, and through a TechWoman programme will bring together women leaders in science, technology, engineering and mathematics for mentorships and exchange programmes.

She said she will support

DEAI

LIFE Real Estate.

South Africa in its fight against crime, specifically violent crime, "whether it be in a township or on a farm", and wildlife trafficking.

**ALAN FINGER** 

082 850 0004

In the first few weeks on the job, Marks said, she intends "to listen and learn" in order to reaffirm her country's commitment to South Africa. "This is an exciting time and a unique opportunity on the road ahead, and I am thankful to be working with President Ramaphosa and his government."

During the question and answer session, Marks told the media: "I arrived two days ago and I would like for nothing more than for President Trump to visit South Africa. He was anxious for me to arrive here; he personally told me how beautiful Cape Town was."



"As you know, South Africa is the land of my birth. When I left in the 1970s, the majority of South Africans were suffering under the brutal apartheid regime. Twenty-five years ago, in 1994, just as I became an American citizen, South Africa was embarking upon its dramatic journey towards democracy," said Marks.

"To this day, I am still filled with pride at how far South Africa has come. And although I am now an American, I feel a great kinship with the people of South Africa, with whom I will always have a special

Speaking to a packed auditorium, a slightly nervous Marks said she plans to strengthen the enduring relationship between South Africa and the US. "Our relationship is broad and the ties between our people go far beyond government channels.

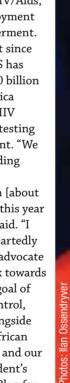
"Engaging and expanding trade, business and investment between our two countries - for the benefit of both - is one of my priorities, a

or over R203 billion. "And, as you'll soon learn about me, I'm not one to settle for third place," said Marks.

The US, she said, is the largest source of foreign direct investment, with more than 600 American companies active in South Africa accounting for an estimated 10% of GDP and over 200 000 jobs.

She said the Ford Motor Company stood alongside President Cyril Ramaphosa to break ground in Gauteng for the new Tshwane Automotive Special Economic Zone. "This alone will generate new employment for 6 700 South Africans working in the auto supply chain, with up to 70 000 indirect followon jobs possible in the future. My message for South Africa is that I am here to work with you to maximise this exciting opportunity at such a unique time," she said.

In a guest column for News24 this week, Marks wrote: "Throughout my journey from East London to America's East Coast, I have always retained my love for South Africa.





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# SAJBD: Committed to realising SA's goals

**JORDAN MOSHE** 

hile Eastern Cape residents spent hours waiting for a glimpse of the Springbok team last Sunday, those who attended the 50th biennial South African Jewish Board of Deputies (SAJBD) conference in Johannesburg received a personal greeting from captain Siya Kolisi.

His greeting and message of support - shouted above the din of tumultuous revelry in the background - elicited a hearty applause from the audience of hundreds at The Venue in the Houghton Hotel. He wished the attendees all the best for the conference and thanked them for all their continued support.

Said SAJBD national director Wendy Kahn: "We were told it would be easier to get a greeting from the Queen, but they don't know our vice-president, Zev Krengel. The president of SA Rugby, Mark Alexander, this afternoon in East London in the midst of celebrations stopped Kolisi for a message for us.

"A week ago we celebrated our incredible win in Japan," said Kahn. "The Springbok victory was the unifier we all needed. Tonight, we host many more heroes who will hopefully inspire us to write ourselves into our country's and community's history."

Investec Group CEO Fani Titi paid tribute to local Jewry's tireless efforts to contribute to the country. "South African Jewry continues to be a vital, innovative and contributing part of our society," he said. "Investec has always had a close relationship with the community, and this is something the new generation of leadership at the company is committed to maintaining and building into the future."

Titi said the conference was taking place at a time when South Africa is grappling with many serious challenges, particularly in terms of the economy, government infrastructure and service delivery. "In many ways, progress has been disappointingly slow," he added. "Government has yet to make the necessary tough calls concerning the economy and tackling headon the need to bring to book those implicated in serious acts of criminality and corruption."

Still, he believes that South Africa is in a better place today than it was two years ago. "It may not feel that way when you look at the headlines, but if you look at the facts, we are in a different place," he stressed. "We are seeing encouraging progress."

Titi maintains that South Africa needs to become more businessfriendly, and trust between the private and public sectors must be rebuilt. "The private sector has a critical part to play in taking the economy forward," he said. "We need to be resilient, building on our strengths, and take a longterm view of things. We need

a mindset of endurance and a willingness to tough things out, while being sufficiently flexible to respond to hurdles of the day.

"We cannot afford to lose faith in ourselves and our abilities, since such negativity can become self-fulfilling. Our country has the potential to grow and flourish."

Several recorded messages of support were screened at the conference, among them from Chief Rabbi Dr Warren Goldstein, the Israeli ambassador to South Africa, Lior Keinan, and the chairperson of the South African Zionist Federation, Rowan Polovin.

SAJBD chairperson Shaun Zagnoev suggested in his address that South African Jewry often takes its uniqueness for granted. "Our community remains active and vibrant, admired throughout the diaspora," he said. "Our Chevra Kadisha has no equivalent in the world. Our Limmud and Sinai Indaba continue to attract thousands of Jews. We birthed the global Shabbos Project. With few small exceptions, there is harmony amongst all Jewish organisations."

He added that the local Jewry

Things aren't as bad as we think, says expert panel

**JORDAN MOSHE** 

he pessimism and myths we hear from politicians skew our perceptions of reality and make us feel depressed and hopeless. If we could see reality for what it really is in South Africa, we would hold the key to unlocking a brighter future.

So says University of the Witwatersrand (Wits) vicechancellor Adam Habib, who weighed in on the current state of South African affairs at the South African Jewish Board of Deputies (SAJBD) conference on Sunday.

He was joined in a panel discussion by businessman and academic Dr Reuel Khoza, Nando's co-founder Robbie Brozin, Judge David Unterhalter, and SAJBD president Mary Kluk. Journalist Mandy Weiner moderated as they unpacked the reality of South Africa and evaluated its potential on various fronts.

According to the panel, South Africans tend to believe that their perceptions are reality, allowing negative opinions to colour their everyday outlook. Although we



plays an outsized role on the international Jewish stage as well. Citing examples, he explained that SAJBD president Mary Kluk heads up the security portfolio of the executive of the World Jewish Congress; Kahn participates in forums such as the global coalition against anti-Semitism; and past SAJBD president Marlene Bethlehem is serving a fourth term as president of the Memorial Foundation for Jewish Culture.

Zagnoev also mentioned that the SAJBD continues to be recognised by South African authorities, having met with more than 10 government ministers and senior ANC and other party officials in the past 12 months.

The SAJBD has also made certain changes over the past year to ensure its own viability and relevance, he reported. "To assess our progress to date, we commissioned Ernst & Young to review all financial transactions over a 12-month period and we received a clean bill of health."

He added: "The SAJBD remains committed to protecting the safety and civil rights of South African Jewry, and to leading our community in being an active and contributing part of our evolving democracy."

do face considerable challenges, our situation is not as dire as we may think and actually offers us an opportunity to secure a better

We tend to see things as either positive or negative, when the truth is it's not quite one or the other, said Unterhalter. "We are always very inwardly focused. We need to gaze at the world at large and have some sense of the times we have lived through. We are finding our way as a country in a world of dramatic change. The world is difficult and we're not alone with our problems."

Even with our problems, Khoza maintained, South Africa is not in a critical condition. "We are not in ICU, and I daresay we are not even in hospital," he said. "We are in a state which we might call parlous, because things are not as they should be. Unemployment, an unsound economy, poverty and other issues do affect us."

He added numerous positive factors that stand in the country's favour, among them that South Africa generates 16% of Africa's GDP, possesses one of the most open economies in the world, and has banks that rank among the top three in the world.

"[President Cyril] Ramaphosa



Judge David Unterhalter and Wits vice-chancellor Adam Habib

raised at two consecutive investment conferences R304 billion last year, and R371 billion this year," Khoza said. "It doesn't come easy or go to a country that is not a direct investment destination."

Ultimately, our perception of reality is coloured by who we listen to, stressed Habib. "If you listen to the politicians, it's quite depressing," he said. "But if you look at the hard indicators, then I think we look far more promising than we imagine."

He explained that although the rhetoric suggests our universities are in big trouble, Wits and other top institutions in South Africa continue to raise the bar on numerous fronts, including postgraduate and research output. "Parents want to tell me about why it's important to go to the US or UK for their children," said Habib. "They're scared. But the irony is that to go to the UK costs about R900 000. Wits is one-ninth of the price and we produce the equivalent graduate and will continue to do so.

"We've not had as dangerous a moment globally as we have right now. When you say you're leaving, where are you going to? The US is politically polarised, the UK has Brexit, Germany has the [right-wing political party] AFD, Italy has the Five Star Movement. Wherever you look, there is a politics of nativism that could bring the world to an end."

He stressed that the belief that white students have no future here is a myth. "Data suggests that white graduates get jobs faster than black students because most jobs happen through networks in the private sector," he said. "It's an absolute myth that white students have no future here."

Jews, too, can continue to be assured of a future in South Africa, added Kluk. "It remains good to be Jewish in South Africa. In 2018, Canada had over 2 000 violent anti-Semitic incidents and the UK had 1 645. South Africa had one, which we're not even sure can be called violent. The opportunity to live a full religious life here is extraordinary and not to be taken for granted."

The panellists agreed that there is still hope for the country, outlining some of the strategies we might use and listing the traits in our favour. "We have attributes that are difficult to see when we are buried in despondency," Unterhalter said. "These include a constitutional framework that has endured, a robust civil society, and a strong

private sector of entrepreneurial

He added that the courts are ready to hear corruption cases, even if they are complex. "Unfortunately, the prosecution services have slowed," he said. "None are being brought forward by the National Prosecuting Authority (NPA). It's not acceptable anymore. There must be readiness to begin with simple charges first before bringing the biggest cases. The NPA must accept offers of help from the legal profession, and actionable cases must be addressed no matter who is implicated."

Khoza agreed with the positive outlook, suggesting that businesses and the citizenry must rally around Ramaphosa, in whom he expressed confidence. "We as a country are not about to die but will turn things around for the better," he said.

Although equally positive, Habib took issue with certain parts of the president's conduct and our perception of him. "Stop relating to Cyril in a romanticised way," he urged. "He was the best candidate we had and he has done more than we thought he could. But he is making big mistakes, and we need to acknowledge that.

"He is playing a long game but needs short-term victories to maintain public support. He has got to be seen to lead as president and make hard choices. He needs to stare rich people down and demand things of CEOs, and also stare down unions and demand concessions."

Habib added that in terms of law, government must do more. He said: "Why have we not passed a law to confiscate the Guptas' assets? We can win this. The same is true at Eskom. Choose a board, choose a CEO, choose an executive and shut up."

Ultimately, the common sentiment was that there is a sizeable opportunity inherent in the current situation South Africa faces, and even the layperson can and must get involved.

"The mess created over the last nine years gives us an opportunity," said Brozin. "The bigger the mess, the more opportunities it creates and the more people it will take to fix it. We have to be patient, but there is a strong turn coming and opportunities are coming our way."

However, if we really want to start implementing change for the better, we need to begin by altering our mindset. "There's a disjuncture between perception and reality," said Habib. "Start focusing on reality, not rhetoric. Do your own research, and you'll find your results are very different."

# Pandor clearly shows her bias against Israel

JORDAN MOSHE

inister of International Relations and Co-operation Naledi Pandor recently blamed Israel for the continued occupation of "Palestine" and being single-handedly responsible for not securing peace.

In her final address as president to the United Nations Security Council (UNSC) on 28 October in New York, she called Israel out for violations of human rights and acting in bad faith, failing to mention any violations on the part of any other party.

She also berated the UNSC's five permanent members – China, France, Russia, the United Kingdom and the United States – for failing to champion the plight of Palestinians.

Political analyst Phumlani Majozi says Pandor's statements highlight South Africa's bias against Israel in the conflict. "What has always struck me is that in biased countries like South Africa, and many others that are anti-Israel, there exists a tendency to overlook Palestine's failures on key fundamentals."

South African Zionist Federation chairperson Rowan Polovin says the minister's harangue against Israel was not aimed at bettering the lives of the Palestinians or promoting peace in the region. Instead, it was designed to single out, isolate and berate the Jewish state among the nations.

"South Africa places all blame, responsibility and burden on Israel for the failure to achieve peace with the Palestinians," he says. "The minister's speech negated all agency and moral duty on the part of the Palestinians, and abandoned history and context in order to promote a partisan position."

In her address, Pandor claimed Israel was guilty of "violence directed at the people of Gaza and the West Bank through occupation and aggression". She suggested that the UN's moves towards securing peace have been undermined through "unilateral decisions aimed at predetermining the outcome of the negotiations". She said: "That points to bad faith and can never secure peace."

Pandor identified strongly with the Palestinian cause and pledged South Africa's support for their struggle. "South Africa believes it is always possible to find solutions to seemingly intractable challenges. Our own struggles were advanced by United Nations action and determination to end a crime against humanity. We need similar vigorous



Pandor slammed the council for failing to act regarding Palestine, calling its failure to end the Israeli occupation "a profound stain" on the mission and objectives of the UN.

"The council has a duty to the people of Palestine clearly articulated in the founding charter," she stated, "and it is vital for dedicated attention to be directed at finally achieving the outcomes stated in manifold United Nations resolutions."

In lambasting the UNSC's permanent members, she claimed that they had failed to implement their own resolutions. She was specifically speaking about resolution 2334 of 2016, which declared Israel's settlement activity in the West Bank and East Jerusalem a "flagrant violation" of international law with "no legal validity".

international solidarity, indignation and commitment for Palestine."

She continued: "We, as South Africa, are gravely concerned by the continued disregard for the long-standing Middle East peace process through the systematic foreclosing of the final status issues, particularly with regard to the borders, the return of refugees, the status of Jerusalem and the ever-expanding illegal settlements."

She reiterated that South Africa supports a two-state solution and an agreed peace process aimed at ensuring two co-existing, viable states, saying this would benefit the entire region. Pandor recommended that the council insist on regular written reports on the implementation of its decision in the region, conduct field visits in

the occupied territories, and take further action "against the continued violations of human rights".

According to the Afro-Palestine Newswire Service, her statements were reportedly hailed by Hamas spokesperson Basem Naim. He said: "We agree fully with her diagnosis regarding the failure of the international community in general, and the Security Council in particular, to protect Palestinian rights and force Israel to respect and implement resolutions."

Majozi, however, said: "[It is a] decades-long conflict that has become more and more complex over time. I have always argued that both sides have their faults on the matter. That needs to be said loudly."

He believes if "biased countries like South Africa" didn't overlook Palestinians' failings too, they might "help speed up the negotiation process and eventually arrive at a peaceful resolution with Israel".

Indeed, previous negotiations have failed even when Israel offered land for peace. This includes the offer in 2000 to withdraw from 97% of the West Bank and dismantle 63 isolated settlements, and the disengagement from Gaza in 2005.

Polovin believes that South Africa's presidency of the UNSC had offered a unique and rare opportunity for the country to lead in the international arena, but that it squandered the moment. "Pandor used the platform at the UNSC open debate on the situation in the Middle East to repeat tired, unfounded and clichéd arguments against Israel, he says. "In so doing, South Africa missed the chance to focus on the real issues and fault lines of the Middle East, and failed millions of people across the region suffering decades of oppression, violence and conflict,

radicalism, dictatorships, and totalitarian regimes."

He called upon the South African government to moderate its foreign policy towards Israel and find ways to impact positively on the conflict, saying that it is the kind of international political leadership that the country needs.

The South African Jewish Board of Deputies echoed the sentiment, saying that South Africa cannot hope to assist when full blame is being apportioned to only one side.

"We believe that our country indeed has a role to play in assisting with the process of finding solutions, using the lessons of our own country's experience in peaceful conflict resolution," said national director Wendy Kahn.

"However, we can only offer assistance when we have the trust of both parties, including the Israelis. Many of the minister's remarks are overtly one-sided, precluding any responsibility on the part of the Palestinian leadership to also be part of the peace-building process."

She encouraged Pandor to urge the UNSC to emulate the South African model of facilitating dialogue and negotiation as a path to peace-building, instead of issuing its regular barrage of anti-Israel resolutions. "We welcome South Africa's continued support for a two-state solution," said Kahn, "but impress on our government the need to engage constructively and even-handedly with both parties in order to attain this objective."

 The SA Jewish Report contacted Pandor's office a number of times over more than a week for comment but had not received a response by the time of going to print.

# Those who made our freedom possible

JORDAN MOSHE

id you know that a Jewish financier saved Winston Churchill from bankruptcy, actress Hedy Lamarr was secretly an inventor, and that Jewish savvy kept the guns firing during World War I?

Despite the inconceivably challenging circumstances of war, stories of superhuman accomplishment also emerge from times of conflict. Innumerable Jewish personalities are no exception, their names and achievements populating wartime narratives throughout the decades.

On Sunday this past week, communities around the world took a moment to acknowledge those who gave their all for the freedoms we enjoy today. Remembrance Day is dedicated to all those who have fallen in armed conflict since WWI, and also affords us an opportunity to remember and acknowledge those who were willing to serve their country in any number of different ways.

In addition to those who gave their lives, there are some whose contributions to the war effort are beyond extraordinary and, in some cases, almost defy belief.

In 1916, the British forces engaged in battle against the Central Powers of WWI experienced a dire shortage of acetone, a crucial ingredient needed to produce cordite. A smokeless explosive, cordite was in turn used to manufacture several munitions. Acetone had previously been made from calcium acetate imported from Germany, but

since the Allies were at war with Germany, this was no longer possible.

Then a senior lecturer in biochemistry at the University of Manchester, Dr Chaim Weizmann, serendipitously invented a fermentation process that converted starch from corn and potatoes into acetone. The famed Zionist dubbed it the "Weizmann process", and Churchill, then First Lord of the Admiralty, requested that it be used to massproduce acetone in England, Canada and the United States.

Weizmann's process was employed, thereby keeping the British sufficiently supplied with the necessary ammunition.

Unbeknown to the Allies, Germany was experiencing a shortage of its own: a lack of ammonia. This substance was equally vital to producing munitions, and scientific minds applied themselves to solving the crisis. A German-Jewish chemist, Fritz Haber, discovered a way to synthesise ammonia using nitrogen and hydrogen, a discovery for which he would later receive the Nobel Prize in chemistry. Haber was later appointed director of the Kaiser Wilhelm Research Institute and proved instrumental in developing chemical weapons such as chlorine and mustard gas.

When Hitler came to power in the 1930s, he allowed Haber to remain at his post, but insisted that he fire all Jewish employees. Haber refused and instead resigned his position. Incredibly, he was offered a position at the Seiff Institute in then Palestine by

Continued on page 11>>



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# Jewish Report The source of quality content, news and insights

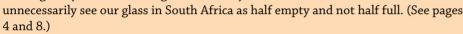
# The glass is definitely half full

hen a friend on Facebook recently told me that I was so lucky to be living in South Africa, I had to stop myself launching into all the reasons she was

wrong. Go figure! It was instinctive. Clearly proves that I am a hard and fast South African.

She was talking about the incredible beauty of this country, the fact that South African people are so friendly and that we have the best weather. She was 100% right. In fact, I couldn't fault her, but instinctively I wanted to try.

Just this week, in the interview I did with Colin Coleman, he referred to South Africans believing the grass is always greener on the other side, which he believes it is not (See page 10). At the South African Jewish Board of Deputies conference last weekend, a number of well-known South Africans said the same kind of thing. They were reiterating how we always



Discovery CEO Adrian Gore – who so many dismissively call an eternal optimist – is always saying that we see doom and gloom and not the light at the end of the tunnel. Truth is, the light is clearly shining, but the road towards it is long and winding.

So, yes, we have lots of problems and lots of things that desperately need fixing in this country. Don't let me get started! I – like my fellow countrymen and women – can wax lyrical about all our problems.

Although I won't underplay them, because they are pretty bad, we are not alone in having problems. And frankly, things aren't so much better elsewhere.

Something else that Coleman said had me nodding. He spoke of how so many South African emigrants have done well in their new homes over the years, but how many of them feel quite displaced and haven't become American, Australian or British, but still see themselves as South Africans living in those countries. They long for home and those familiar treats and creature comforts we have here.

You just had to look at who was yelling for the Bokke two weeks ago in those countries and which team they supported.

There are actually organisations around the world specifically for Jewish South Africans, most of whom have been living in their adopted countries for decades or even generations. Intrinsically, we know why.

This is an astonishing country and we have a really good life here. Yes, I hear you saying, but we have so many problems. You aren't wrong.

But being a Jewish person in the United Kingdom right now is hardly ideal. Just last week, the editor of the *Jewish Chronicle* wrote an editorial pleading with his countrymen who aren't Jewish not to vote for Jeremy Corbyn as prime minister. Corbyn is so openly anti-Semitic, yet he stands a chance of becoming the next prime minister of Great Britain, where there is a huge and strong Jewish community.

In most of Europe, the rise of right-wing fascists – who are blatantly anti-Semitic – is real. Then there are those in Europe and the United States who, like Corbyn, use their hatred of Israel as a cover for their feelings towards Jews.

Right now, as Jews, there are few countries that are welcoming. That is, other than Israel.

Then, on Tuesday this week, when I woke up to sunshine and a spring in my step, I switched on Chai FM and heard how Israel was being bombarded by missile fire from Gaza. About 350 rockets have since been launched into Israel (at the time of going to print) in an attempt to destroy as many Jewish lives as possible. Interestingly, hardly any other media mentioned this. That is, outside of Israeli and Jewish media.

Some media did, however, lambaste Israel for killing Baha Abu al-Ata, a leader of the renegade terrorist organisation, Palestinian Islamic Jihad, but as for the barrage of rockets into civilian Israel... nothing.

I love Israel, but this week I have to admit I was happy I live on the southern tip of Africa and not in Sderot, Modiin or even Tel Aviv. For people there, it was at least two days spent fearfully wondering if the Iron Dome was going to protect them from the missiles.

You know that exercise where you have a group of people in a circle and they each put their shoes in the middle, and have the option of choosing any pair they want? Invariably, they choose their own – because they have been worn to fit your feet, they are comfortable, and even if they have a hole in them, you made that hole and have gotten used to it. In other words, as bad as our problems are, they are our problems, and we know them and can live with them.

We can choose to see them as the worst ever, or we can choose to see them differently. We can choose to find ways to solve them for ourselves and others. We can even find the opportunities in them.

We have choices, but I can only say – and I am at fault here too – there really is no point in focusing on the bad without seeing the good. There is no point in seeing things in their worst light. It doesn't help us solve anything, or engender the kind of life we want to live.

Thank you to all those people who inspired me this week to recognise that, with all our problems, we live in an incredible country.

Shabbat Shalom! Peta Krost Maunder Editor

# Rockets raining down on Israel from Gaza

woke up at 08:00 on Tuesday to sirens blaring across Tel Aviv. Disconcerted, I looked out of my bedroom window to see the usual morning traffic screeching to an immediate standstill. Buses were pulling over, and frightened passengers were jumping out to lie down on the surface of the emergency lanes. I was still groggy with sleep and it took a few seconds to comprehend what was happening. I stumbled to the second bedroom that doubles up as a bomb shelter (according to Israeli law, all buildings built since the 1990s must have one), closed the heavy door, and waited. A few seconds passed. Then, finally awake, I remembered that I am a journalist and the last place I should be – literally and figuratively – is in the dark about what was happening. I ventured out.

For many Israelis, the assassination of Baha Abu al-Ata, a leader of the Palestinian Islamic Jihad (PIJ) movement, in the early hours of Tuesday came as a surprise. In retrospect, the warning signs were there. Abu al-Ata commanded men in the northern Gaza Strip and was behind a number of recent attacks against Israel. The Jerusalem authorities had warned him that he was on their wanted list.

At the time of going to print, around 350 rockets had been launched from Gaza in retaliation for his killing. So far, there have been about 50 people treated for minor injuries on the Israeli side, but 21 Gazans have been killed in ongoing Israeli air strikes.

What happens next will depend on the PIJ and Hamas. If the Islamist militants continue to fire rockets into Israel and Hamas joins the attacks, Israel will escalate its operation.

So who exactly is the PIJ and can Hamas, which controls the Gaza Strip, rein it in?

The primary patron and financier of the PIJ is Iran. For months already, Jerusalem has been concerned that Tehran will launch an attack against Israel, either from Syria or Gaza. The fear is that it could be similar to the one it carried out against a Saudi oil refinery two months ago, when it used cruise missiles and killer drones. That incident, although criticised by United States President Donald Trump, did not result in a military response from Washington, causing many in the region who consider the US an ally to carefully weigh up their options. Israelis and Saudis are concerned that should Iran do something similar against them, the US will not automatically come to their defence.

In this respect, Israel sent an important message on Tuesday morning: It will not cower in the face of Iranian threats and will take the

initiative, with or without US backing, in protecting its civilians.

It was the first time in five years that Israel carried out a targeted assassination in Gaza. At the same time, another PIJ official's home in Damascus was struck. The group was quick to blame Israel, and although it seems likely that Jerusalem was behind that attack too, as is its practice when operating in Syria, the Israeli army

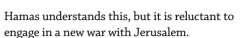
did not confirm responsibility. Syrian media reported that two people were killed and six were wounded.

At the time of writing, Hamas was considering its options. It is acutely aware that the last Israel-Hamas war, in 2014, left thousands of families whose homes were destroyed or damaged without compensation. The economic crisis in Gaza has led to protests against Hamas, hence its cautious response to the assassination.

By contrast, the PIJ stated unequivocally that it would avenge its leader's death. It needs to do this to save face and also score points among Gazans with the message that, unlike Hamas, it is not prepared to make concessions to Israel.



Paula Slier



For now, it seems that Hamas will allow the PIJ to retaliate against Israel for killing its senior commander. All eyes are on Cairo to arrange a ceasefire.

Meanwhile, in Israel, the discussion is centred on the timing of the Israeli strike. Was it merely fortuitous – did Israeli intelligence pay off and they saw an opportunity to kill Abu al-Ata? Or, does Prime Minister Benjamin Netanyahu, as many suggest, want to take credit as he faces a stalemate at the polling station?

Tellingly, Netanyahu convened a press conference on Tuesday attended by himself, the chief of staff of the army, Aviv Kochavi, and Shin Bet director Nadav Argaman. The absence of Naftali Bennett, the newly appointed defence minister, was glaring, even though Tuesday was his first day on the job. It suggests that Netanyahu is hedging his bets: If the assassination bodes well in the long run, he'll take credit; if not, he can somehow push it onto

The killing certainly doesn't help the leader of the centre-left Blue and White party, Benny Gantz, in his attempts to form a majority coalition government before his mandate expires in a few days.

Whereas Gantz was quick to support the assassination, the leaders of the Arab Joint List whom he has been courting were just as quick to label it "a political war". It's difficult to see how co-operation between Gantz and the Joint List is now possible. Also, should Israel embark on a large-scale operation in Gaza, it will be highly unlikely that Gantz will be able to meet and negotiate with parties while rockets are being fired at the country.

Four hours before the airstrike, Netanyahu tweeted twice – at an unusually late hour for him. In one tweet he said that "forming a government with the Joint List would be a resounding slap in the face of IDF [Israel Defence Forces] soldiers". A short time later, he tweeted a photograph of the Joint List parliamentarian Ahmad Tibi with Yasser Arafat and wrote: "This is who Gantz and [Avigdor] Lieberman are building



Palestinians gather around the remains of a house destroyed in an Israeli air strike in the southern Gaza Strip

their government with? A narrow government supported by the Arab parties = danger to the state."

To be fair, the Cabinet authorised the assassination last week on the recommendation of the military and the Shin Bet security service. So, the cynical view that Netanyahu ordered this operation to block Gantz's path to a narrow coalition government doesn't necessarily hold true.

But the fact that it happened during one of the most politically fraught times in Israel's history cannot be ignored.

And just in case, tonight (Wednesday) I'm sleeping in the sheltered bedroom.

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# We cannot forget Yitzhak Rabin

itzhak Rabin was an Israeli military hero and political leader, who served two terms as prime minister. He was assassinated while in office on 4 November 1995 in Tel Aviv.

According to Knesset law, the Hebrew date of the assassination, the 12th of Heshvan, serves as Yitzhak Rabin Memorial Day. All ceremonies and educational programmes on this day are devoted to commemorating the life and legacy of Rabin, promoting and protecting democratic values, and examining the danger that violence poses to society and state.

Rabin was born in Jerusalem to two Russian immigrants. He attended school in the Galilee before enlisting in the Palmach in 1941. He rose steadily through the ranks of the military, earning a reputation as an outstanding intellectual and a capable thinker in matters of military strategy.

Rabin became the Israel Defence Forces chief of staff in 1964, and was a prominent figure in the victory in the 1967 Six-Day War. In 1974, he took up the position of prime minister, representing the Labour

Party. In 1984, he held the position of minister of defence under the government of national unity, and in 1992, he was elected as prime minister once again.

Although Rabin distinguished himself in his early years as a military man, he is best remembered for enacting perhaps the most consequential shift in the history of Israeli foreign policy: the launch of the Israeli-Palestinian peace process and the signing of the historic Oslo Accords in 1993, for which he earned a Nobel Prize but paid with his life.

Today, more than ever, we have a duty to observe Rabin's memorial day. Twenty-four years since the assassination of one of Israel's greatest leaders, the youth movement is faced with two great challenges.

The first is fighting against the downplay of this important anniversary, and the disconnection from its historical context through the neutralisation of left-wing

The second is collectively remembering an event that we did not experience. Our generation does not carry the memory of the night

of 4 November 1995. Nonetheless, we are tasked with the responsibility on this day to awaken our diasporic Zionist community to Rabin's legacy as one of transformative leadership and standing bravely in the face of difficult decisions

We learn

that on the side of his commitment to peace, Rabin did not wait idly for the Israel "after peace". He did not wait for a peace that would solve all problems once and for all. Instead, he was brave enough to tackle Israel's problems in the here and now.

It is thus our duty as Habonim Dror to ensure that the assassination of Rabin is marked in history not only as a sad event, but a formative one too. It is our obligation to ensure



that the efforts expended to bring our nation to the brink of peace are not wasted.

The risk that confronts us on this anniversary day is that no lesson concerning the world view which led to the assassination was learned. If we observe the past two decades of Israeli politics,

we see that the right did not weaken as a result of the assassination, and nor did the left get stronger. Political positions did not change. Rather, democracy became a tool in the hands of those who threaten to destroy it.

Rabin was not murdered because of a momentary weakness in Israel's democracy. Rather, crucially, the assassination took place against the background of a social reality that

did not bring us together, but forced us apart. We had no

shared language, we had no shared vision, and we were not able to stress the values we shared. This is what threatened to destroy us.

And this is not just the reality of the past. Israeli society continues to face difficult and painful challenges, and Rabin's memorial day continues to be one with a relevant lesson for many generations to come.

On this day, we ask ourselves difficult questions about the common vision that guides us and the values that bind us. And while courageously striving to find answers to these questions, for us as Zionist educators in our community, this day reminds us that we have the opportunity to mould future generations.

Let us bequeath to these future generations not just our differences; not only the dry understandings between us; but also a language to speak with each other.

This is our obligation.

• Eden Plein is Habonim Dror Southern Africa's S'ganit Rosh Machaneh 2019

# The girl with the Hebrew tattoo

#### **HOWARD SACKSTEIN**

t was one of those windy, brisk mornings in Cape Town when the ocean spits spray over those brave enough to walk on the promenade. It was the sort of morning that makes us hate Capetonians for their privilege of living between the shadow of the mountain and the rampaging seahorses of the Atlantic. Then my phone beeped. Peta Krost Maunder, editor of the SA Jewish Report, was looking for a contact for Rachel Kolisi, wife of Springbok captain Siya Kolisi.

"Why on earth are you looking for Rachel?" I enquired from the most dogged journalist I have ever encountered. When Peta sets her sights on a story, no one ever stands in her way. She forwarded the picture of Rachel's tattoo – the Hebrew words Gam Ze Yavo, which means "this too shall pass". Why was Rachel the girl with the Hebrew tattoo?

Fearing that I would never survive disappointing Peta, I immediately consulted Facebook. Surely Rachel and I would have common friends? After all, I am the man with one degree of separation to every other human being on the planet. But no, we shared not a single friend. I could get to US President Donald Trump in two steps; I had Dr Ruth, Ben Zander, Dan Ariely and President Cyril Ramaphosa on my speed dial, but no Rachel Kolisi.

Rachel is a full-time mother to her and Siya's four children; she probably never leaves the house. She is a Christian, so I certainly wouldn't know her from synagogue. She has had to fight off the toxic world of social media, whose trolls have accused her of "contaminating the white race" by marrying the towering, handsome hulk that is the Springbok captain. Maybe she has just withdrawn a bit from the world.

Morose with defeat in failing to track down Rachel, I went to Paranga restaurant in Camps Bay to eat away the emptiness inside me and drink double shots of Scotland's finest. And there, at the table next to me, were Siya and Rachel having dinner with Jürgen Klopp, manager of Liverpool soccer club, and Faf du Plessis, captain of the Proteas cricket team.

The restaurant was abuzz. Everyone wanted a photo of Siya, some wanted a picture with Jürgen, everybody

This was my opportunity, so I made a beeline straight for Rachel, "Hi Rachel, I'm Howard Sackstein from the SA Jewish Report, and I want to talk about your Hebrew

She looked puzzled before bursting out laughing. "Yes, I wore a dress recently and you could see the tattoo," she

"But why do you have a Hebrew tattoo?" I asked.

"I had it done about six years ago," said Rachel. "It was something close to my heart, so I wanted to have it done."

To the question of whether it has any special meaning, she answered: "Not really." Then I asked her whether she would take a selfie with me. It seemed that everyone wanted a picture with Siya, and no one was asking Rachel. I didn't do it out of pity - it just seemed like the right thing to do. So Rachel and I selfied together, and in the process, I pushed Jürgen's wife out of the way, nearly sending her tumbling over the restaurant table.

There was no way I wasn't going to take a selfie with Siya too. And so, the most photographed man in the country had a picture taken with Siya. I hope he posts it to Instagram soon so that he can get more adoration and

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# Johnny Clegg wins SAJBD human rights award



#### **JORDAN MOSHE**

he South African Jewish Board of
Deputies (SAJBD) decided to give the
Rabbi Cyril and Ann Harris Human
Rights Award to musician Johnny Clegg a mere
three weeks before he passed away. They had no
intention of it being a posthumous award.

The vice-president of the SAJBD, Zev Krengel, presented the award instead to Clegg's two sons, Jesse and Jaron, who were at the conference with their mother, Jenny.

The audience was overwhelmed by nostalgia and emotion on Sunday as tribute was paid to the musical legend. The Jewish "white Zulu" was recognised for paving the way for democracy in South Africa through song.

"For me, as a young boy, Johnny Clegg was everything," said an emotional Krengel. "For my first Bnei Akiva camp, I got his name crocheted onto my yarmie.

"For those of us who grew up in the '80s, Johnny was the inspiring light," he said. "He was always an incredible energy, he had love and passion, and everyone around him loved him. He reminded me of the TV show *Everybody Loves Raymond*, but for us it was 'Everybody loves Johnny'.

"He never lost his energy or his amazing ability to do on stage what no other white man can do. He inspired the generations that lived through apartheid, black and white, and showed us what South Africa could and did become."

The award recognised Clegg for his legendary achievements through music, bridging

generational and cultural barriers, and bringing people of all backgrounds into a common commitment to a shared, democratic South Africa. It also recognised him for playing a unique role in furthering the cause of democracy and human rights in his adopted homeland.

Clegg's sons thanked the SAJBD for recognising their father. "It has been a very challenging year for me and my family," said Jesse. "On behalf of dad, we would like to thank the SAJBD for this incredible award.

"Beyond his music, my dad was someone who had deep compassion for his community and country. He crossed cultural boundaries and found human connections against all odds."

Jaron added: "Our dad was never afraid to act on his beliefs. He always led by example. This acknowledgement of his contribution is a point of great pride for us, his family."

Jesse explained that he and his father together had written the 2017 hit, *I've Been Looking*. Before he proceeded to perform the song, he said: "It's a song about those precious things in life that you can't replace. To my dad, that was his family and his country. I sing this to pay tribute to him and acknowledge him at this amazing moment."

With guitar in hand and backed by his brother, Jesse performed an emotionally charged rendition of the song, bringing the audience members to their feet. It culminated in a standing ovation. The energy in the room was palpable, proving that despite Clegg's absence, his spirit and legacy clearly remain alive among his family and fans alike.

# Recognised for their great work

#### **JORDAN MOSHE**

"Being recognised by one's own community is the most significant honour achievable. As stated in the Talmud, in one's own town, it's one's name that counts."

With these words, community stalwart Marlene Bethlehem captured the spirit of the award presentations that took place at the South African Jewish Board of Deputies (SAJBD) conference in Houghton on Sunday.

She was one of a number of personalities recognised for their contribution to the South African Jewish community, clearly lending credence to the Talmud's dictum.

Bethlehem, former president of the SAJBD, received the Mendel Kaplan and Eric Samson Community Service Award from current president Mary Kluk, who lauded her for her decades of service in Johannesburg and further afield.

"In a communal career spanning more than half a century, Marlene has involved herself in activities ranging from welfare and humanitarian work to human rights activism and relationship building, preservation of Jewish culture, and extensive political engagement on behalf of both local and international Jewry," said Kluk.

Bethlehem was also recognised for having served as chairperson of the Jewish Women's Benevolent Society and the Jewish Community Service, both of which made her an honorary life vice-president. She was also praised for her work at the Memorial Foundation for Jewish Culture, where she has been president since

Kluk added that Bethlehem had made history in 1995 by becoming the first woman to be

elected as national chairperson of the SAJBD. "In this capacity, you played a role in helping the community adapt to, and become a meaningful part of, the transition to democracy," she said. "You have brought enduring honour to South African Jewry through the senior positions you have held on prestigious national and international forums."

Also recognised were
Merle Rubin and Shirley
Resnick, both of whom have
played equally crucial roles in the Cape Town
and Johannesburg Jewish communities,
respectively.

Addressing Rubin, SAJBD's national vice-chairperson, Rael Kaimowitz, said: "It has been said that the true measure of any society can be seen in how it treats its most vulnerable members. The defining characteristics of your life have been in how quietly, unobtrusively and without desire for recognition you have gone about realising this idea."

Rubin was lauded for having overseen women's burial purification services at the Jewish cemetery in Cape Town, and for being among the foremost kosher caterers in the city, notable for her generosity in making functions affordable. "You epitomise what it is to be an *eishet chayil*, the lofty ideal of Jewish womanhood described in our sacred scriptures," said Kaimowitz.

Presenting the award to Resnik, Mark
Pozniak, chairman of the SAJBD Gauteng
Council, said: "As the long-serving head of the
Chevra Kadisha's financial assistance team, your
unstinting commitment to ensuring the best
possible outcome for those in need of a helping
hand has been combined with empathy and
sensitivity."

Pozniak praised Resnik for her contributions in Johannesburg, among them taking on the responsibility of women's burial purification at Westpark Cemetery for over 30 years, and for running the Chev's bridal gemach. "For all this and more, you have been described as a true

pillar of Chessed," said Pozniak. "Someone who, behind the scenes, has brought comfort and rendered assistance to innumerable members of our community."

Additionally, four legal giants – two from Johannesburg and two from Cape Town – were posthumously acknowledged for their contributions. They are Solly Kesler, Ivan Levy, Mervyn Smith and Harry Schwarz.

Harold Jacobs, SAJBD Gauteng's vice-chairperson, paid tribute to them for the several decades they devoted to defending the community's rights. He said: "Members of the legal profession have been at the forefront of the board's work, whether in combating anti-Semitism, safeguarding religious rights, dealing with immigration and citizenship, or resolving intra-communal disputes. Tonight, we pay tribute to them.

"In their own unique way, they played a vital part in helping guide SA Jewry from apartheid into a new era of multiracial democracy."

Jacobs outlined the respective achievements of these legal stalwarts, making the significance of their contributions emphatically clear. "Levy stood at the forefront of the board's work in fighting anti-Semitism," said Jacobs. "He spearheaded the application to ensure that the *Protocols of the Elders of Zion* remained banned in South Africa. He put his expertise at the disposal of the board in pursuing the landmark hate speech case against Radio 706."

Speaking about Schwarz, Jacobs characterised a noted, brilliant parliamentarian who fought apartheid as a member of the liberal opposition, and also devoted hours of his time to Jewish communal work, including serving on board committees. He rendered critical assistance in addressing complex issues relating to payments



made from compensation funds for local Holocaust survivors.

Capetonian stalwart Kesler made his contribution in the capacity of chairman of the constitutional and legislative subcommittee. Said Jacobs: "Under his guidance, this body made input into the new Constitution and subsequent legislation, including the Promotion of Equality and Prevention of Unfair Discrimination Act."

Fellow Capetonian Smith formerly served as national chair of the SAJBD and stood at the forefront of combating anti-Semitism. Jacobs explained that Smith had headed up the board's long-running hate speech complaint against Radio 706 and devoted hours to ensuring that the case was brought to a satisfactory conclusion. "He drafted many court papers for the board, including the initial letter of complaint in the 10-year-long hate speech case against [trade union federation] Cosatu's Bongani Masuku," said Jacobs.

He concluded: "At this 50th conference, we remember and pay grateful tribute to these four great Jewish South Africans and to all those members of the legal profession who served our community so well."

Bethlehem's final remark certainly spoke for the philosophy common among all those recognised. Quoting Pirkei Avot, she said: "It is not your duty to complete the work, but neither are you free to desist from it. With these words in mind, I hope to contribute to this wonderful community for many years to come."



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# Black Motion to perform at Israeli event

**TALI FEINBERG** 

oycott, Divestment,
Sanctions South Africa
(BDS-SA) insists that
South African artists should
avoid anything to do with Israel,
but South African music duo
Black Motion is dancing to a
different tune, with an upcoming
performance at cannabis
conference and Israeli initiative
CannaTech in Cape Town.

And, with more than 287 000 followers on Facebook and 292 000 followers on Instagram, the group has a huge fan base that is open to its message of music as a way to cross barriers.

In August 2018, Black Motion got caught in the crosshairs of BDS-SA, which triumphantly announced that the duo had decided not to play at the Meteor Festival at Kibbutz Lehavot HaBashan because it wanted to boycott Israel.

But when the SA Jewish Report spoke to Black Motion's manager, Kutlwano Chaba, he said it was completely untrue. The group backed out of the festival because they were nervous about travelling to a "conflict zone", he said. He was horrified that a personal decision had been twisted for political purposes.

Chaba says the band has learnt from that experience, and it has made an informed choice to perform at the Israeli event, CannaTech, at the end of November.

"If you don't have your own view, you will be used, and that's unfair, especially to musicians. All they want is to perform their music as a way to bring people together. We don't want to separate people; it's not what we're about. Always ask yourself where you stand before you allow yourself to be used. Why must we take sides? Our message is to appreciate each other as people.

"One day we play at an ANC [African National Congress] rally and the next day at an EFF [Economic Freedom Fighters] rally. We wouldn't boycott either. If we are being used to play political games [like with BDS] ... I don't think it's fair," he says. "Let us decide. Don't vilify people if they differ or don't want to get involved [in politics]. Music can unify rather than divide people."

CannaTech will bring together experts and businesspeople from the burgeoning global cannabis industry, and this is a particular interest of the band members, especially Thabo Mabogwane (known as "Smol").

"They really want to play at this event. It makes sense as they will be exposed to the [cannabis] industry, and they will get to do what they love and learn about something they are really interested in. It makes complete sense," says Chaba.



"These are big players from Israel, and if one nationality is spearheading it, we want to learn from it," he says. "So we got the information, and made an informed decision. It's not important where people are from; what's more important is what they can offer. There will always be conflict in the world. You can't listen to only one side."

Chaba believes the band missed out by backing out of the Meteor Festival last year. He hopes that they'll still be invited to play in Israel in future, either at Meteor or other festivals, clubs and events. "That's the thing about house music: it can be played anywhere," he says.

When the SA Jewish Report spoke to him last year, he said that Black Motion was considering hosting an event to bring Jews and Muslims together in South Africa. "We are launching an album in two months' time, and I would love to see both sides of this issue attend, and enjoy the gift of music. I suspect

there is no dialogue between the two groups. Music can bridge this gap," he said at the time. Although the group didn't manage to hold the event due to budget constraints, Chaba would still like to get people from different backgrounds to attend shows together.

"We are lucky because in South Africa, one of most diverse countries, we have managed to live together and make music together. We shouldn't allow ourselves as musicians to fuel divisions," he says.



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# Coleman leaving to return in a stronger position

#### PETA KROST MAUNDER

olin Coleman may be retiring from his position as CEO of Goldman Sachs in sub-Saharan Africa, leaving the banking industry and heading for Yale University to take up a lecturing post, but he is certainly not emigrating, nor is he giving up on South Africa's

Coleman, 57, is very clear that his future is intertwined with that of the country. He told the SA Jewish Report this week: "I am not leaving South Africa. I might be out of the country, but even when I am not here, I am connected to it."

Leaving Goldman Sachs is something he has "been contemplating for the last two years", he says. When he bids farewell on 31 December, he will have turned an institution - Goldman Sachs South Africa - that he literally started "into a full-service investment banking operation". He says: "It's a 20-year project that has come to conclusion." And now he is passing it on to a new generation as he has fresh ambitions to fulfil.

These, he says, are about "how I can impact on society in an environment of freedom, which is not easy in a corporate. On my own, I can have maximum impact by bringing together my skills and knowledge in a powerful way."

He sees the academic exposure he will get teaching the "Africa: Doing Business in the Last Frontier of Global Growth" course, at Yale University's Jackson Institute for Global Affairs, as a bridge to this. Although he has never worked in an academic environment, he is excited by the new challenge. "I will still have my family back here, including my three-year-old son, and I will split my time between countries," he says.

Even while he is lecturing, he says, "I will be doing private consulting in South Africa and some things in the public sector. I may join some boards, but I will definitely be writing and publishing."

Coleman wants to use the next two years to transition, think and analyse. "Time will tell what responsibilities I take up here," he says when asked about the rumours of him getting a Cabinet position down the line. "I anticipate that there will be responsibilities here or in relation to South Africa.

"I don't hide that if there is an impactful role that I can play in and around the public sector, I would be happy to do that. My objectives now are not about making money, but making an impact on society and using the next 25 years to do that."

And he isn't blind to what is happening in South Africa under the presidency of his dear friend, Cyril Ramaphosa. "The rugby tells you that



we are at a high and the economy tells you that we are at a low. There is some truth in that – it is the best times and the worst times.

"The best times in that we have hope again with President Ramaphosa. We have a nation that is far healthier relative to the predemocracy years; we have a nation struggling to work its way through. The worst of times in that we have a half-percent growth rate, nearly 30% unemployment, tremendous

inequality and a dearth of resources. We also have the scourge of Zuma's corruption that we are still living with, and it's going to take a lot of time to work through.

"It takes years to build a reputation and it takes one stupid act to destroy it. Zuma performed terrible acts repeatedly for 10 years, so he did a better job of damaging this country than we ever imagined," says Coleman. "President Ramaphosa has to remodel the service, administration, the state-owned enterprises. While many can criticise him for going so slowly, it takes time."

However, as a risk manager, he says that opportunity always exists in adversity, so people just need to look for those. "This is not the time to give up. Everyone needs to get behind Cyril," he says.

He believes the grass isn't greener elsewhere. "Many white South Africans who emigrated did very well, but they lost their homeland, and many feel displaced and are still very connected to South Africa," he says.

Coleman will continue to be integrally involved with the YES (Youth Employment Service) campaign, which he and former Investec CEO Stephen Koseff launched in 2018 alongside government, business and labour to tackle youth unemployment.

Their goal is to get one million young people getting work experience in five years. "We currently have 25 000 interns and will finish the year with 30 000," he says. "I hope we can reach 100 000 in the next year. We have to ramp it up to reach our goal, which will take young people off the streets." What is incredible, he says, is "if every business took on two interns, we would be able to get to our million".

As Coleman embarks on what he sees as "the last third of my career", he recalls his first: as a political activist. He was 18 and studying architecture when his brother, Keith (one of two older brothers already involved in the anti-apartheid struggle), was arrested. At that point, Coleman's parents, Max and Audrey, "became horrified by the reality of the repression laws and, together with the parents of the 50 others arrested together, were quickly drawn into a whole different world".

He recalls: "The white community

shied away and all their friendship and business networks went away. They found this whole new support system that was part of the antiapartheid movement, and a number of families were bonded together."

Coleman got involved in the National Union of South African Students, becoming its executive officer, and then in the End Conscription Campaign. He was a conscientious objector at a time when it was a criminal offence. He joined the ANC underground in 1986 and began the process of facilitating talks, which led to multiparty talks and negotiations. It was in his early 20s in the United Democratic Front that he met and befriended Ramaphosa.

When he was in his early 30s, he went into banking as he "wanted exposure into business and banking was a great window into the economy", he says.

He and Ramaphosa have become closer over the past five years and Coleman has been called on to help in various areas, including bridging the divide between government and business, and on Ramaphosa's political campaign. "The president responded to our call from the YES programme around youth unemployment, and I have been actively trying to assist and encourage him in his objectives." Coleman says while the elite see Ramaphosa as being "a gentle and unifying force", he has witnessed how the president "is capable of being extremely tough when he needs to be".

His relationship with the Jewish community hasn't always been close. Last year this time, Coleman and his family received an award from the South African Jewish Board of Deputies for the role they played in ending apartheid. "This was a very cathartic moment for us," he says. "For me, it was a way of letting go of any antagonism and anger and being able to express it and, at the same time, encouraging the community to move forward into a pro-democracy stance."

Although he says he sees himself as a "very global and patriotic South African", he also acknowledges that "I am Jewish and proud of it".

His first Yale lecture begins on 15 January, but this is clearly not the last we will see or hear of this "global South African".

## Afghan's last Jew too much for Taliban to handle

LAURA E. ADKINS - JTA

eet Zebulon Simentov, 66, who is believed to be the last remaining Jew in Afghanistan. Journalist Emran Feroz recently profiled Simentov for the US publication Foreign Policy and uncovered some incredible stories about the feisty Afghan, including that the Taliban once imprisoned him for

arguing with a fellow Jew, then kicked him out because the constant bickering became too annoying.

There is lots of information available on Simentov as Afghanistan's last remaining Jew. He always wears a kippah and observes the Jewish Sabbath, though he will watch television if a non-Jew has turned it on for him. He lives in Afghanistan's last standing synagogue - which he renovated

district. Every Shabbat, he reads Torah from the bimah of the old sanctuary. He hates the Taliban, and is on a quest to reclaim a Torah stolen by its interior ministry. He allegedly charges a pretty penny (or euro) for interviews.

himself – in the heart of Kabul's flower

But Feroz's article, framed around the imminent return of the Taliban to Afghanistan, adds much to the story.

"Everyone in these streets knows [him]," a neighbour told Feroz. "He is salient and sometimes he is choleric. But we have fun with him."

Jews have more than a thousandyear history in Afghanistan, and only slowly began emigrating after World War II. But the rise of communism, the Red Army's persecution of religious people across Central Asia, and the Soviet invasion of Afghanistan in 1979 led the Jews of Afghanistan to leave for good to Israel, the United States, and elsewhere.

When the Taliban took over Afghanistan in the late 1990s, Simentov went to Israel with his family, where his wife, daughters and sisters now live, but returned to Kabul after

Afghanistan's last Jew, Zebulon Simentov, blows the shofar at the sole synagogue in Kabul

just two months. "I didn't want to stay there. Afghanistan is my homeland," he told Foreign Policy.

When he returned, Simentov encountered Yitzhak Levi, nearly two decades his senior, living at the Kabul synagogue. The two didn't hit it off. They "fought viciously about which of them was the rightful owner of the land", according to a 2017 Jewish Telegraphic Agency profile of Simentov. They moved into different wings of the

In 1998, Levi wrote to the Taliban interior minister to accuse Simentov of theft of Jewish relics. Simentov retorted by telling the Taliban that Levi ran a secret brothel where he sold

alcohol, which Levi denied. Simentov also spread rumours that Levi had converted to Islam, which Levi denied.

"I don't talk to him, he's the devil," Simentov said in 2002. "A dog is better than him ... I don't have many complaints about the Taliban, but I have a lot of complaints about him." Levi replied that Simentov was "a thief

The Taliban was so annoyed by their

constant fighting that it threw them in jail. But it eventually kicked them out when they continued to fight inside the prison. Levi died in 2005.

"[The Taliban] beat me a lot," Simentov told Foreign Policy. "I was imprisoned several times because of this charlatan Levy [sic]. He wanted to get rid of me to sell the synagogue. But thank G-d he was not successful."

Unfortunately, their feuding Iso allowed the Taliban to run away with the synagogue's Torah. Scribed in the 15th century, the scroll was

allegedly taken by Taliban's interior minister and sold on the black market.

Simentov has vowed to keep searching for the Torah until his dying days. He still believes that the Torah will resurface, but "whether the holy scripture re-emerges or not, there will be at least one Jew waiting for it - and he will continue to stay in Kabul".

"I'm a man with no fear. I will never leave Afghanistan because of the Taliban or anyone else," Simentov told Foreign Policy.

When Feroz asked Taliban official Khairullah Khairkhwa about Simentov and Levi, "he could not hide his grin".

"Yes, I remember them, they caused me a lot of problems," he said.

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# Where are we 30 years after the Berlin Wall fell?

STEVEN GRUZD

remember vividly my matric history class on 10 November 1989, the day after the Berlin Wall started to come down. We'd watched on television how Germans on both sides hacked with pickaxes and chisels at this despised barrier, their joy unmistakeable. My history teacher, Paul Edey, was animated. "Boys! History is being made right now before your eyes!" he said. "This is momentous. It could be the end of the Cold War!"

Thirty years on, how has the dismantling of the Berlin Wall transformed Germany, Europe and relations with Jews?

Mr Edey was right. The superpower standoff that had dominated world politics since 1945 slowly petered out. Within a year, West Germany swallowed East Germany as they were reunited as a single federal state, inside of the North Atlantic Treaty Alliance. There began a mass exodus of the "refusenik", Jews from the Soviet Union, to Israel, Europe and the United States. The USSR itself ceased to exist by the end of 1991, as it split into 15 sovereign states. With France, a united Germany became the engine of European integration.

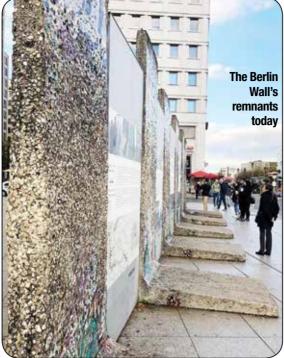
The prospect of the fall of global communism prompted former president FW de Klerk to unban the ANC and release Nelson Mandela, as he hoped to wrong-foot the liberation movement in negotiations for a "new South Africa". Soviet withdrawal from Africa heralded

both democratic transitions and intra-state conflicts. There was hope that freedom would permanently engulf the planet.

I visited Berlin a few weeks ago to attend a conference. Today, there is very little left of the wall that once bisected the city into a capitalist West Berlin and a communist East Berlin. Tourists pose with the few graffiti-covered panels of the wall dotted around the

city. Souvenir shops still sell commemorative plaster shards affixed to fridge magnets. The wall's route is marked by a line across the roads and pavements.

The partition of Berlin mirrored how Germany itself was divided into American, British, French and Soviet zones after World War II. The first three amalgamated to form West Germany, while the Soviet zone



into the German Democratic Republic. I was once told that if a country has to use the word "democratic" in its name, democracy is usually in short supply.

The shadow of the Shoah is never far from modern Germany for Jews. A stone's throw from Berlin's iconic Brandenburg Gate stands the Memorial to the Murdered Jews of Europe. It is a huge field covered with undulating rows

of monolithic concrete blocks, 2 711 in all, completed in 2004. For me, it simultaneously evokes both coffins and tombstones.

Indeed, the day the wall fell, 9 November, was also Kristallnacht in 1938, when thousands of Jewish homes, businesses and places of worship were destroyed across the country. This decimation of property would be replaced by the murder of millions only a few short years later.

I asked Henning Suhr, resident representative of Germany's Konrad Adenauer Foundation in South Africa, for his thoughts. He said the fall of the wall "is one of the happiest events in German history. That day, millions of people were lying in each other's arms celebrating the destruction of a shameful

monument of separation. Families and friends who had been torn apart could finally reunite. Even now, many Germans get very emotional and float in bliss when remembering 9 November 1989."

Suhr continued: "By no means does celebrating the fall of the Berlin Wall diminish the importance of the Kristallnacht. On the contrary, both events remind us to fight injustice, human rights abuses, and the separation of people who choose to be together. The reunification of Germany does not mean the resurrection of nationalism. Israel's right to exist is unwavering, and Germany is dedicated to enhancing Jewish life worldwide, especially on German soil. The government of Germany and the vast majority of Germans reject any kind of anti-Semitism. 'Never again' remains relevant now and will do so in the future."

Many Jews from Eastern Europe and the former Soviet Union settled in Germany. Its Jewish population was estimated to be 275 000 in 2018, with some 30 000 to 40 000 living in Berlin. The city has also attracted thousands of Israelis discovering their roots, and attracted by the relatively cheap cost of living, the relaxed lifestyle and the city's vibrant art scene. There is a renaissance of both Chabad and Reform Judaism, catering for different religious choices.

The world changed forever on 9 November, 30 years ago. Today, it faces renewed rivalry among world powers and threats to European integration and the multilateral co-operation that characterised the post-Cold War era. As the US retreats into an "America first" posture, Germany has assumed the mantle of democratic exemplar. It has many lessons to teach about facing and overcoming a difficult history.

# Those who made our freedom possible >> Continued from page 5

Weizmann in 1934. He set out for the Holy Land to assume the position but died of poor health en route

The American Bernard Baruch was a financier, a confidante of Franklin Roosevelt and responsible for keeping Churchill in politics. Baruch was a close friend of Churchill, and though he admired him greatly, he perceived that the British statesman was an inept investor.

While on a visit to America in 1932, Churchill decided to play the stock market. Unfortunately, fate was not on his side, and market prices tumbled steeply that day. "As

prices tumbled, he plunged deeper and deeper, trying to outguess the stock exchange," writes historian William Manchester. "At the end of the day, he confronted Baruch in tears. He was, he said, a ruined man."

Churchill had lost so much of his family fortune that he would have no choice but to sell all he owned, including Chartwell, his beloved estate. Moreover, he lamented the fact that he would have no choice but to leave the House of Commons and enter business to support his family and pay back the enormous losses he had incurred.

But Churchill's long-time friend "gently corrected him", telling him that he had lost not a cent. Unbeknown to the statesman, Baruch had instructed his employees at his office in New York to monitor Churchill as he went about his transactions, telling them to buy equivalent stocks every time Churchill sold his and sell whenever he bought. Manchester writes: "Winston had come out exactly even because, he later learned, Baruch even paid the commissions."

Thanks to Baruch's savvy, Churchill could remain in politics and would eventually navigate England through the perils of war, which would beset the country a few years

Lamarr, often touted as the most beautiful woman in the world, was not only famous,

but Jewish and scientifically gifted to boot. Born Hedwig Kiesler in Vienna in 1914, she was given her new surname by Louis B Mayer when she signed with MGM in 1937.

Although she achieved international fame as a Hollywood movie star, Lamarr was not satisfied by acting. Between takes in her trailer and staying up all night at home, she practised her favourite hobby: inventing.

It is said that while the 26-year-old Lamarr was thriving in Hollywood in September 1940, Nazi U-boats hunted down and sank a cruise ship trying to evacuate 90 British schoolchildren to Canada. Tragically, 77 of

them drowned in the frigid north Atlantic.

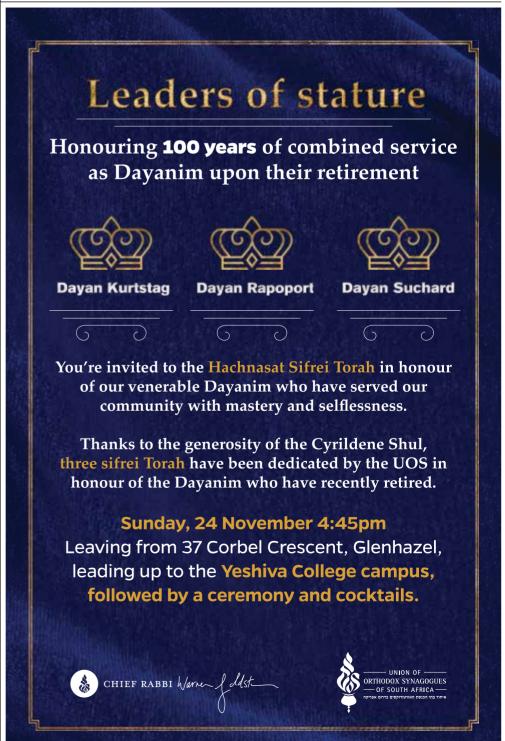
Lamarr, at this point a Jewish immigrant from Nazi-occupied Austria who had been making America her home since 1938, was outraged. She fought back by applying her engineering skills to the development of a sonar submarine locator to protect Allied torpedoes from German U-boat fire during conflict. Lamarr created a system called

"frequency hopping" in which torpedoes would "hop" between frequencies to avoid detection. Ingenious though her invention was, the US Navy chose, for reasons unknown, not to implement her design. Although they did patent it, it never went further in its use in the war effort.

**Hedy Lamarr** 

The existence of Lamarr's invention became known in recent years only, proving there was more to her than her beauty. In addition, the principles of her work are now incorporated into modern Wi-Fi, code-division multiple access and Bluetooth technology, and this work led to her being inducted into the National Inventors Hall of Fame in 2014.

So whether financier or film star, scientist or soldier, there are certainly Jewish personalities worth remembering for their remarkable wartime contributions this Remembrance Day.



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# Kasrils – the story of a Jewish boy from Yeoville

**JORDAN MOSHE** 

he name Ronnie Kasrils is synonymous for many with the African National Congress, anti-apartheid activism, and years spent combating racism in South Africa.

In his newly published memoir, however, Kasrils brings to light the early years of his life, cataloguing a childhood lived in thriving Jewish Yeoville.

In conversation with acclaimed author and journalist Mark Gevisser, Kasrils launched his most recent book, *Catching Tadpoles*, at Exclusive Books in Hyde Park last week. The pair tried to get to the heart of an identity formed in the '40s and '50s

"We all know of this man as armed and dangerous, the Red Pimpernel, and a great freedom fighter," said Gevisser. "He is somebody who has always been at the barricades when it comes to fighting for freedom and justice.

"This book gives us another Ronnie. The little boy known as Ronelah to his beloved bobba, Clara. A leader of an intrepid gang called the Zorro gang as a Yeoville boykie. A young bohemian who had an affair with Miriam Makeba. This is what Catching Tadpoles is about."

Kasrils shared his experiences as a young Jewish boy growing up in the Johannesburg of the mid-20<sup>th</sup> century, bringing up the names of people familiar to many. These include famed Jewish jockey Cocky Feldman; his horse, Danny Boy; and the horse's trainer, Jumbo Goldstein, the great-uncle of Chief Rabbi Dr Warren Goldstein.

Kasrils explained that people like Feldman were crucial to Jewish life when he was growing

"In the 1940s, he was a champion jockey, and that meant the entire Jewish community was inspired by his feats. His slogan in the community was 'Ride 'em, Cocky. Give him more with the shtick.' He was someone we could feel proud about, especially coming after what had happened in Europe and the anti-Semitic sentiment we had been so used to."



"There are those who are prepared to get involved and undergo a metamorphosis, so convinced are they that things are wrong."

Of his family home, Kasrils said that he grew up with parents Isidore and Rene in a flat in Yeoville, a home in which much happened, including poker evenings and clobyosh tournaments.

"They weren't devout Jews," said Kasrils of his parents. "There was a pretence at a kosher kitchen. We didn't have bacon, but we had most other things. My grandfather and father went to shul only on



Yom Kippur to atone for their

His father was a commercial traveller who sold sweets for the family of David Pratt, a personality who would achieve notoriety for shooting Hendrik Verwoerd. Kasrils said that his father worked at the low-end of the market, selling sweets in poorwhite areas and townships. His then 10-year-old son would often accompany him on sales trips, carrying his bag of samples.

Said Kasrils: "I travelled with him, and we'd go along old Main Reef Road and be popping in to Greek, Lebanese and mainly Muslim shops closer to the townships. "My father would sit with these men, and the little boy would watch them and feel an inexplicable warm, rosy feeling. Only later could I understand it was because my father showed them respect. It was a feeling that my father accepted people and was accepted, and was totally different to the rest of his crowd."

These lessons would leave a lasting impression on Kasrils as he grew up, shaping his perspective on apartheid South Africa and its wrongs. Isidore took an interest in his son's foray into politics (Kasrils learned only later that he was a socialist at heart) and believed that anyone who worked hard deserved just rewards.

with a political education. By way of an anecdote, Kasrils explained: "My mother provided one of the first major turning points of my life. She once took me downtown to the Rissik Street bioscope, and when we got off the tram, suddenly I felt her yanking my arm. I could hear screaming and cursing. We rushed across the road. There were four young hoodlums with knuckledusters beating an African man mercilessly. They were killing this man, and blood was spewing everywhere. My mother rushed me into Anstey's department store, ordered water with sugar for us both, and calmed me down."

That night, Kasrils was disturbed, and wet his bed. His mother opened the discussion with him a few days later.

"She saw I was unhappy, and asked if it was because of what had happened. I said yes, and asked her if this was the way Jews were treated in Germany. Her eyes looked into mine, and she thought carefully.

"Ronald. Our people and others were being thrown into concentration camps and into gas chambers," she said. "That's not happening here, but my boy, it starts like this when people can be attacked and beaten in the streets. Ronald, don't be like them. Be kind."

Other influences on Kasrils

included the Sacks sisters, three girls of Russian origin whose mantelpiece bore Stalin's portrait, and who taught young Ronnie how to dance and about what was going on in the world in 1948. Kasrils' high-school history teacher, Teddy Gordon, would also contribute to his consciousness, introducing him to the French Revolution and its belief in liberty and equality.

Said Kasrils: "He opened my mind up. South Africa in the '50s was relevant to what he was teaching. It changed me."

Accumulatively, these forces would engender a personality who joined the ANC and went further than many other white or Jewish activists had gone in the wake of the Sharpeville massacre in 1960. "This man went beyond being horrified," said Gevisser. "He became a revolutionary and a freedom fighter."

Kasrils concluded by reflecting on the writing process as a journey of self-discovery. "There's something about writing a memoir. You discover new things you never noticed about yourself. As I look back, more emerges.

"I moved from just prattling and wringing my hands. There are those who are prepared to get involved and undergo a metamorphosis, so convinced are they that things are wrong. I was an action person, and so I chose it for myself."

# Documenting anti-apartheid's unsung heroes

**JORDAN MOSHE** 

e all know Albie Sachs, Joe Slovo and Helen Suzman as heroes in the fight against apartheid, but it's the unsung heroes that Mohale Selebi wants to honour.

A political activist and researcher, Selebi wants to write about ordinary Jewish people who challenged the system as he has personal experience of the difference they made.

He has never forgotten the Radus family, who hid him as a youngster in their home while he was on the run from the police. "I remain very close to them," he says. "I remember the Friday nights and Shabbat meals, and I cherish those memories."

With them in mind, he is determined to uncover the stories of ordinary Jews who did the extraordinary during the oppressive years of South Africa's history. He began this undertaking in earnest in January this year, and is collecting accounts for his book, to be published next year.

"My interest lies in unearthing and sharing untold stories," Selebi says. "I want to go beyond the famous names. There were attorneys who aided detainees, and doctors who treated black activists who'd been tortured and shot, without reporting them to the authorities."

Selebi was born in Soweto in 1967, one of seven children in a politically active family. His two elder brothers were involved in subversive activity, and his uncles worked closely with underground movements.

"I remember from an early age the police were always coming into our home, kicking in doors, pointing guns, and searching for weapons or any incriminating material," he says. "They often took my brothers away. The situation became unbearable, and they left the country."

Selebi assumed the role of bigger brother to his younger siblings in his early teens. He also got involved in politics, taking part in youth movements.

"I was always involved in civic politics. My parents discouraged me from doing so, and my dad's involvement in the underground came to my attention only years later."

Selebi was detained on various occasions in his late teens. His longest incarceration was in 1986 during the state of emergency. Upon his release in 1987, he enrolled at the University of the Witwatersrand, where he stepped up his political activity, bringing him into frequent contact with white activists, many of them Jewish.

"I was very involved in student politics, and although white and black students mobilised separately, we worked together," he says. "At this stage, I realised that the bulk of the white comrades with us in the underground and in the open were actually Jewish. It struck me. I wondered why that was."

Years later, Selebi
began working at Afrika
Tikkun (today known as
MaAfrika Tikkun) alongside
Jewish personalities like Herbie
Rosenberg and Bertie Lubner,
strengthening his links to the Jewish
community.

Through the community, he spent a month in Israel in 1998 on a leadership development programme. His trip brought him into contact with Wendy Kahn, the national director of the South African Jewish Board of Deputies (SAJBD), with whom he developed a good relationship.

"Upon our return, Wendy and I met frequently to discuss various issues and projects I was involved in," says Selebi. "At one of our meetings, I told Wendy that I had been thinking about documenting stories, and the fact that Jewish people are more inclined than any others in the white community to be on the side of the oppressed."

Kahn encouraged him to write the book which he is now researching. "Now is the time to write

the book," he says. "A lot of the people I should speak to are ageing and passing away. If I delay, I'll miss out on the opportunity."

He related some of the other stories he has come across so far. One involves a Jewish family who drove from Johannesburg to the Swazi border in the dead of night to hide their uncle

from police searching for him because he was a communist. Another

concerns a Jewish doctor, based in the Cape, who would sneak out of army barracks at

Some question how he

can interact with those who

night to deliver medical assistance to activists in Gugulethu, and teach them how to treat gunshot wounds and teargas inhalation.

Selebi's fact-finding mission has, unfortunately, caused friction between him and members of his community.

support the oppression of the

Mohale Selebi

Palestinians in Israel, while others
accuse him of being overly devoted to Jews.

"It's fashionable these days to go Jew bashing," he says. "It's a favourite pastime of many to blame the Jews for the ills of society, and because of my experience, I find this unfortunate.

"You can't tar an entire community with the same brush. I know of many stories that show who the Jewish people really are, and [the fact that] their teachings have instilled an ethos of helping others. After what the Jews were subjected to in Europe and in South Africa, they still wanted to help.

"People in the wider South African community don't seem to understand the role played by Jews during the apartheid years. I'm not saying that they're all holy, I'm saying there are stories not told to people outside the Jewish community that they need to hear. I remain determined to uncover these remarkable stories."

#### Shabbat Project celebrated around the world

■his Shabbat, Jewish people are gathering in more than 1500 cities and towns in 105 countries worldwide for the sixth annual international Shabbat Project. The head offices in Johannesburg and Tel Aviv are again working with thousands of international partners, who will be marshalling countless volunteers in these locations.

New partner towns and cities include Devizes (United Kingdom), Kigali (Rwanda) and Bayonne (France). Afghanistan, Antigua, Barbuda and Papua New Guinea are the latest countries to join the project.

In the United States, there are more than 500 participating cities. This year will see "pink challah bakes" to raise breast cancer awareness in more than 20 US cities; a teen-led challah bake in Long Island with the young cooking sensation and



Chopped winner, 14-year-old Rachel Goldzal; and a cross-border challah bake, bringing together the communities of South Bay (San Diego) and Tijuana (Mexico).

In Pittsburg, the scene of last year's horror shooting at the Tree of Life synagogue on the Shabbat Project weekend, partners are commemorating those killed in the attack with a moment of silence just before Shabbat comes in.

In Israel, the Shabbat Project has been endorsed by Prime Minister Benjamin Netanyahu and various celebrities and members of the Knesset. Partnerships with organisations such as the Ministry of Education's Tarbut Toranit division; the digital educational platform, Hidabroot; and the national service programme, Sherut Leumi, are helping to bring the project to the entire country.

In Tel Aviv, an estimated 800 residents from all backgrounds will gather for Shabbat dinner at the city's port.

In Jerusalem, the campus-based Nefesh Yehudi organisation is running a full 25-hour Shabbat for about 100 students, many of whom will keep Shabbat for the first time.

Beit Aryeh-Ofarim resident Tsachi Amir has invited the entire town to a Shabbat dinner at his home.

Defence Forces are official partners of the Shabbat Project,

This year, the Israeli

with Kabbalat Shabbat celebrations and pre-Shabbat music concerts planned for five army bases.

In France, organisers are working alongside Jeremie Berrebi, the wellknown tech mogul

and former adviser to President Emmanuel Macron, to bring the Shabbat Project to more than 50 French cities.

In Gibraltar, a Friday night dinner is being catered exclusively for children between nine and 13 years old.

In Brussels, five local organisations are joining forces for a very special challah bake for 400 women, including a live concert and a hip-hop dance show.

Vienna will be adding rugelach baking to the traditional challah bake, alongside a festival of events that includes a community dinner for 350 people.

Prague is co-ordinating a Shabbaton for 350 people, with a challah bake, unity services at two different synagogues, a Havdalah concert, and a post-Shabbat kosher wine-tasting event in memory of a local winemaker, who passed away on the weekend of last year's Shabbat Project.

In Olomouc, a city in the Czech Republic, the 150-strong community will come together for a challah bake, Friday night dinner and Havdalah at the grand Olomouc synagogue, which was burnt to the ground by the Nazis and recently

In the UK, highlights include a cocktail

party for young professionals at Chabad Borehamwood, and a challah bake at The Jewish Community Secondary School in New Barnet, London, for more than 1 500 students.

Sydney is again one of the most active partner cities in Australia, hosting a total of 125 events. Among them are 16 city-wide "headline events", including a

Shabbat Shuk that will bring "the tastes, smells and sounds of Machaneh Yehuda" to Sydney, and an attempt by the organisers to break the Guinness record for the world's longest challah (it's currently six metres).

In South Africa, organisers have crafted beautiful Challah Date Boxes for friends and families to bake challah together at home. The boxes were sold out two weeks before this weekend's event. There's also the Adopt a Community campaign, with Jews in outlying "country communities" being hosted by families in Johannesburg and Cape Town.

Elsewhere in Africa, Rwanda, Uganda and Ghana are all hosting Shabbat Project celebrations. US soldiers stationed at Bagram Air Base in Afghanistan are also gearing up to celebrate the Shabbat Project with the rest of the Jewish world.

In South America, Argentina will again lead the charge, with close on 20 participating towns and cities. Highlights include a mass challah bake in Buenos Aires for 3 000 women, a Shabbat-themed art competition for the city's Jewish day schools, and a Shabbat Fair in Cordoba that will unite the city's four communities.



**Challah bake and concert in Buenos Aires** 

In Lima, Peru, educators have incorporated the Shabbat Project into the school curriculum, while the small community of Iquitos (100 Jews) will gather for a Shabbaton and endeavour to keep Shabbat in full.

Mexico City is hosting the world's first "mindfulness and meditation challah bake". While preparing challah, participants will hear a guided meditation through a set of headphones.



# Online trading made easier with Mexem Africa

Many people are turning to the stock market in search of higher returns. Although there are several risks involved in trading, the buying and selling of shares can provide attractive earnings and boost savings. When trading in shares, choosing the right platform that meets your requirements is critical. With the advancement in technology and the internet, trading has become easier and more accessible to investors through several online trading platforms.

#### Welcome to Mexem Africa

Mexem Africa is a premier online trading platform that provides a high-quality and competitive offering to South African investors. Mexem's platform allows you to trade online without having to use the services of a broker or intermediary, giving you control over your trades. Mexem has partnered with Interactive Brokers (IB), the largest online stock trading platform in the United States (US). This partnership allows Mexem

especially when purchasing offshore shares. Mexem prides itself on offering a platform that is efficient, fast and costeffective.

Trading on Mexem is quite affordable compared with trading through a broker. The platform does not charge any management fees, unlike most platforms or brokers. Further, Mexem does not charge a cent more than what IB charges meaning South African investors get the same trading terms as US investors.

Mexem's trading fees are also extremely competitive. We compared the trading fees of purchasing 100 Microsoft Corporation shares across various platforms in South Africa. The graph speaks for itself:

Simplicity and security assured Mexem's platform, designed by IB, is simple to use, allowing investors to complete transactions independently.

Trading fees for purchasing 100 Microsoft Shares (in US\$)\*



to offer an outstanding platform, giving investors access to trade in over 23 currencies and 120 markets globally.

Mexem entered the South African market in 2017. By capitalising on low trading fees and good customer service, the platform has attracted hundreds of local investors and seen massive growth over this period. Due to the strength of its offering, Mexem already has clients in four other markets and is on course to grow throughout the African continent.

Mexem benefits from its partnership with IB. Apart from being the largest electronic brokers in the US (based on daily average revenue trades), IB is regulated and supervised by the US legal system. This means clients are trading on an extremely secure and regulated platform. IB has also been rated the best online broker consistently for five years, making it one of the most reliable.

#### Competitive fee offering

The traditional South African market has been associated with the high costs of trading. The process has proven to be both expensive and cumbersome,

The platform can be accessed both on desktop and mobile devices.

Some of the features that make Mexem such an attractive trading platform include advanced options for completing transactions, the ability to trade after closure of the markets and during premarket hours, and several news sources and fundamental scanners. The platform is fully customisable and has the option of back-end subscription to access in-

Customer safety and security are fundamental to the operations of Mexem. The company ensures that investors' funds are protected and safe. In addition, the platform is regulated by multiple international bodies, including the Financial Industry Regulatory Authority and the US Securities and Exchange Commission.

Mexem is an excellent choice for those looking for an online trading platform. The combination of its wide range of offers and extremely low trading costs has resulted in Mexem disrupting the South African trading market.

For more information visit www.mexem.co.za

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# Experts concerned about misuse of ADHD drugs

**GILLIAN KLAWANSKY** 

hildren today are under increasing pressure to perform academically. In response, some are reportedly taking attention deficit hyperactivity disorder (ADHD) medication to improve their results – without an ADHD diagnosis. But what are the associated risks?

"If drugs in sport is such a huge issue, why are drugs in academia not?" This question was posed by a pharmacist who contacted the SA Jewish Report with his concerns. He wishes to remain anonymous. "We're following an American trend where it's almost becoming acceptable in society for people to take amphetamines and tranquilisers to perform better in the workplace. It's the pressure that society is putting people under – society is basically condoning it."

What's most worrying, he says, is that children who don't suffer from ADHD are using associated drugs to enhance their performance. "You get people, particularly postgrad students, who come into the pharmacy to get Ritalin or Concerta. 'I've got an exam coming up,' they'll say."

Although the pharmacist acknowledges the difficulty in tracking this behaviour in high school students because their parents collect the scripts, he argues that ADHD medication is simply too widely prescribed.

Psychiatrist Caroline Serebro agrees and says Ritalin should be prescribed with more caution. "There's demand to script unnecessarily when there is no clear attention deficit disorder or ADHD. You've got to meet the criteria. That's why the prescription of ADHD drugs should always be done in consultation with a psychiatrist," she says.

Psychiatrist Dr Wendy Duncan agrees and points out the ways in which children work the system. "A lot of kids are faking ADHD," she says. "They read up on symptoms. There's also what we call Ritalin diversion, where kids with ADHD are selling their pills. That happens a lot both here and internationally."

What's ironic, though, is that the unnecessary use of Ritalin or Concerta will provide little benefit to one's studying. "If you don't have a diagnosis of ADHD, the only benefit that a stimulant, be it Ritalin or Concerta, will add is probably wakefulness," she says. "Studies show that they don't really improve memory.

"The child may have a sense of being more focused or more concentrated. Yet, in terms of actual cognitive paths and memorising or retaining information, there's a lot of research to suggest that they don't work. The risk of using them for this purpose, and them not being effective, is that kids might be tempted to use higher and higher doses."

The dosage needs to be carefully monitored, Duncan adds. "As with any medication, if you take it in a big enough dose, you face serious risks. These could include psychosis, seizures, and in kids who have a vulnerability towards cardiac problems, you could end up with high

blood pressure, arrythmia and the like. That's only in a child who's taking a big, big dose, though."

Parents of children on these drugs need to be aware of risk factors. "If you don't have ADHD, the medications can interfere with your sleep," explains Duncan. "That's particularly problematic when you're studying, because you retain your information and lay down memory when you sleep. It also could potentially interfere with your

appetite. Emotionally, it could elevate levels of agitation and anxiety quite significantly for any child who is already vulnerable to anxiety.

"Parents should also watch out for extreme irritability that's out of character for the child, or levels of stress that are out of keeping with what's warranted for the exams. Social withdrawal is also always something to be concerned about."

Before doctors prescribe ADHD medicine – as with any medication – they're under

obligation to explain any possible side effects. This is particularly vital in terms of medications that come with what's known as a "black box warning", as is the case with the ADHD drug Strattera and antidepressants such as Prozac and Zoloft.

"Strattera is a serotonin noradrenaline reuptake inhibitor, or SNRI. It's more like an antidepressant medication, as opposed to the stimulants like Ritalin," explains Duncan.

"To me, it seems unlikely that a child would be taking Strattera as a quick fix for exams because it

takes six to eight weeks to work.

"All SNRIs carry a black box warning to say that adolescents taking these medications may be at higher risks for suicidal ideation behaviour [suicidal thoughts]."

This is where the pharmacist strives to promote awareness. "My concern is how easily these meds are prescribed and how the threats of the issue surrounding suicidality seem to be taken so lightly

in South Africa," he says. He argues that parents are not always adequately warned of these risks when medication is prescribed.

But Serebro disputes this. "I'm very particular about sharing the risks and the black box warnings with every patient. Every patient I see has to sign an informed consent, which means that everything is explained in terms of the most common side effects, including black box warnings. Part of my job, besides formulating a diagnosis and deciding on treatment, is having a discussion around

treatment and what the risks around that are."

A full medical, birth and family – physical and psychiatric – history is taken before prescribing treatment, adds Serebro. "You ask about medication issues and any other medical issues. Especially with stimulants, you ask around cardiac problems and epilepsy. If there was a risk around suicide or other mood-related issues or anxiety, one again would err on the side of caution around

scripting certain medications."

If one's child is on these medications, they need to be monitored by a psychiatrist. "A parent whose child is about to start on the drug should be fully aware of any ruminations of suicide," says the pharmacist. "I know of two instances where people have had to take their children off these drugs because they've started talking about having suicidal thoughts. It's hard to get your mind around how a chemical can start doing that to people, but it's a fact."

One needs to see the bigger picture, caution the experts. "It's the anxiety, the pressure, the perceived need for academic excellence that sets these children up for a sense of failure and suicide," argues Duncan. "It's not as simple as a pill causing

"Fundamentally, the point is that there's always a risk taking a medication," she concludes. "Ultimately, it doesn't make sense that children without ADHD are taking these medications, because they won't really achieve what they're hoping to."

# SA 'an island with a self-management problem'

**GILLIAN KLAWANSKY** 

rofessor Nick Binedell, the founding director of the Gordon Institute of Business Science (GIBS), argues that one of South Africa's biggest problems is that it's basically an island.

"Two-thirds of our border is sea. The other third comprises very small economies which collectively make up 22% of our GDP (gross domestic product). We don't have a rival in our face, so we've gotten a bit lazy and careless," he said, speaking at a Hebrew Order of David (HOD) function last Wednesday.

"We may not understand how much we need to change because there isn't a change agent near us. We self-manage, and because of our awkward history, that self-management tends to involve looking backwards. When you self-manage backwards, when your memory is more powerful than your vision, you're doomed."

However, in many other ways we aren't an island, like in "rugby and business, where we play in the global league", Binedell said.
"Culturally, maybe one day we'll play in the global league too, because we'll overcome our differences and find a rhythm. When we embrace each other's values and cultures,

embrace each othe values and cultures and understand that we need each other, a great interdependency is created. I dream about how extraordinary it is to have so many cultures in our society, the possibilities of leveraging that in spite of all that's happened."

What's important right now is to become "active

citizens", the GIBS strategy professor insisted in his talk about the future of South Africa. Binedell, who consults to local and international companies, said it was up to each generation to "claim our space" and exercise the democratic rights enshrined by our Constitution – one of the most progressive in the

Keeping up with the ever-changing world in which we find ourselves is key, he said. "We've been living in a particularly bumpy time for the past 10 years or so. Like all countries, we're deeply affected by what's happening globally in terms of constraints, but also in terms of opportunities. We live in this deeply interconnected world that's moving very quickly, and it behoves us all to try and get to grips with some of these changes and what they mean for us individually, for our families, our communities, the organisations in which we work, and for this country."

Binedell lauded South Africa's democracy.

"We live in a constitutional order, and the law does apply, even if unevenly.

But in the past five or so years, we can salute the judiciary for having exercised its constitutional duties and given us the confidence to believe we're a democracy,

even when it comes to removing presidents, which we've done more than once."

He said he had faith in intergenerational change. "When I'm teaching MBA and master's degree

students, I'm seeing a
significant change even
in the past five years of
who's there, the energy
they're bringing, their
business experience,
and their confidence. Our
generation can rely on the next
generation, but we've got to
shape the journey and shine
the torch. The world has never
changed this fast; humans
have never had to adapt so
quickly."

**Professor Nick Binedell** 

Everything from Trump's election to Brexit would have been impossible to predict just a few years ago, he argued. "We live in an uncertain world. It's a world where, overall, life has improved for billions of people. The potential of this generation is extraordinary."

Binedell argued that we need to generate "the habit of curious eyes", to look at and explore what's around us, to see things for ourselves rather than through the media. "Johannesburg is the heartland of our economy, the heartland of the African economy," he said. "There's nothing in Africa to compare to Sandton. It has the best multinationals and the best South African companies. We are in the centre of the centre. We've just got to see it."

Despite South Africa's achievements, there's still much work to be done, Binedell said. It's all about how fast you change. If you change slower than the world around you, you are lost. "This happens to countries, which can disappear in the blink of an eye, like Venezuela, Syria and Zimbabwe. On the other hand, the optimism fostered by the extraordinary growth in countries in Asia particularly is because they change faster than the world around them. It comes down to energy — their pure work rate, discipline, efficiency and values."

Quoting Chairman Mao, the founding father of the People's Republic of China, who famously said, "When hurricanes come, build windmills," Binedell said: "When things are going to change, capture the energy; don't hide from it, embrace it. That will be our struggle. Not just can we learn, but can we unlearn faster than change happens around us?"

Binedell remains optimistic about the framework in which we're operating. "The question will be, will the centre hold?" he said. "Countries like ours are often run by a small group of elites. They shape the agenda or the narrative, and they shape society based on the decisions they make. Often, they're unaccountable because we don't know how to hold them to account. We've developed a political system where MPs aren't accountable to us, they're accountable to the party, which is an error."

The middle class is vital, he said – its creativity, energy, and the nature of its social contract. The creation of trust within and between these groups, from upper to middle and lower strata, is central.



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# Kirsh family's African story adds to SA Jewish legacy

STEVEN GRUZD

n her twilight years, Mushe
Kirsh, now 83, had an insatiable
desire to tell her dynasty's story
before it was too late. She wanted
her many descendants - four
children, 24 grandchildren, 26
great-grandchildren and counting
- to know about their heritage. "I
wanted to leave a legacy," Kirsh said.
"Our family knew very little about
my parents, where they lived, what
their lives were like, why they came
to South Africa."

She was born a Bacher, one of five siblings and sister of cricket great Ali, and she married the founder of talk radio station 702, Issie Kirsh. These families have both produced many remarkable South Africans in all walks of life. But Kirsh also wanted to universalise her story, and set it against the remarkable tale of South African Jewry.

Kirsh and her co-author, David Saks, spoke to renowned radio personality Jenny Crwys-Williams at the launch of African Outliers: The Story of the Bacher and Kirsh Families, at Exclusive Books in Hyde Park last Wednesday evening. Ali Bacher introduced the evening.

"I'm sure our story will resonate with many of the people here tonight," said Kirsh at the packed launch. "It's important to know about our roots, and celebrate the remarkable contribution Jews have made to this wonderful country."

Saks, historian and associate director of the South African Jewish Board of Deputies, described how South African Jewry is largely the remnant of the once-vibrant Litvak culture that was decimated in the Holocaust. Vilna (Vilnius, today's capital of Lithuania) was known as "the Jerusalem of Europe", a centre for devout Jewish scholarship. Today, particularly pious yeshivot are still known as "Lithuanian", wherever in the world they may be.

The bulk of South African Jews are Litvaks, tracing their lineage to Lithuania and surrounding areas. From 1880 to 1929, when Jewish emigration was severely curtailed, 50 000 souls sought a better life away from Eastern Europe's anti-Semitism, oppression and poverty in the land of diamonds and gold at the southern tip of Africa.

The first Lithuanian Jew came to South Africa in 1816. Early pioneers like Sammy Marks arrived in the 1860s, but the big wave was in the 50 years from 1880. They transformed South African Jewry, which was comprised mainly of comparatively assimilated English and German Jews at the time. Saks said: "The existing Jewish community found the Litvaks barbaric and uncouth, while the Litvaks basically thought the others were goyim. But they fused their traditions, and energised this special community. South African Jews who have emigrated to Australia have similarly revived Jewish communal life there."

Saks also spoke of the phenomenon of many young Johannesburg Jews becoming more religious than their parents, bucking international trends. The community has also been



among the world's staunchest Zionists.

Kirsh visited her ancestors' family home in Rakishok, Lithuania, in 2013, a place she thought she'd never want to go due to the destruction of Jewry in World War II. "I was very sad.

There was really no semblance of the once-powerful Jewish scholarship and presence in Lithuania ... but I'm pleased I went, to come to grips with this amazing story."

Saks said he was haunted by a photograph of a mass grave of

about 8 000 Jews murdered by the Nazis in Siauliai/Shavel. "It's likely my own great-grandparents may be among them. You don't get over something like this."

Kirsh's family rose from humble beginnings in a tin shanty house on a railway line, selling cheap blankets in a concession store to mine workers in Johannesburg. Mushe spoke about meeting her future husband, Issie Kirsh, on the train to Habonim Machaneh. "This man changed my life," she said.

Crwys-Williams asked whether the hardest part of writing the book over three years was knowing what to leave out. Kirsh said: "I so enjoyed researching, reading, recording. I loved every minute."

Saks said the story kept growing. "It has a big cast of characters, and it

was therefore important to get the structure right."

William Kirsh, one of Mushe and Issie's sons, said at the launch: "I'm so happy and proud of what my mom has accomplished. Every person here wants to leave some legacy, and this book will resonate for all of them."

# Cutting-edge brain surgery may help make you 'un-sad'

**JORDAN MOSHE** 

epression can feel like a life sentence for those susceptible to it, but Dr Trevor Hurwitz may have found a solution.

This South African expat believes he has identified the centre of sadness in the human brain and, using a specialised surgical technique, is helping to solve debilitating biological depression.

Through an operation he pioneered, Hurwitz believes he can make people "un-sad". "Basically, the surgeon cuts through the cabling system in the brain and interrupts the transmission," he says. "We intercept the circuits responsible for emotion. The assumption is that these pathways carry the circuits that are causing disabling depression."

In the past 20 years, Hurwitz has seen 17 patients undergo the procedure, 12 of them suffering from depression, and has had incredibly positive results.

His findings are nothing short of miraculous. "They have told me they aren't sad or suicidal," he recounts. "I've seen this in 12 cases. Their sadness vanishes. These were patients I'd known for many years — they'd overdosed, been suicidal, gone through shock therapy, and yet in an interview after surgery, described a different feeling altogether."

But before it can be seen as a solution, it has to be validated 100% by medical science. Until then, it remains experimental. "Neuroscience is going to take this idea and take it apart – that's its job. If it's validated, we will have found out a new truth about the human brain," Hurwitz says.

"Depressive illness is the second most prominent psychiatric illness there is, second only to anxiety. At any time, 5% of people around you are depressed. In a single lifetime, 10% of people will have a depressive episode."

Hurwitz is the founder of the neuropsychiatry programme in Vancouver, Canada, which he has run for the past 30 years. He is the medical director of the programme, operating out of the University of British Columbia and specialising in bringing together neurology and psychiatry.

"The principle is to bring the [physical] brain back into the mind," he says. "They are not separate entities. Everything in the mind is part of the brain structure, and they need to be treated together.

"Psychiatry deals with the fact that you cannot treat a patient as if they are just a brain. That would be a mistake. But equally, you cannot miss the brain when you focus on the mind. The mind is a

component of the brain."

He likens groups of brain cells to computer chips, each of them responsible for controlling a certain part of our everyday function. "From the cell group, you can trace the wiring that goes through the brain into the stem, the spinal cord, connects to certain nerves and muscles, and makes you move. Equally, when you think, feel, get angry, or cry — neurology is responsible for it."

Medical science knows where the centres of various emotions are in the brain, including anxiety, anger and pleasure, according to Hurwitz. However, nobody has been able to identify the centre of sadness. "It has been very difficult to study," he says. "The paradigm of sadness is major depression, and it can be used to attempt to locate the seat of sadness."

"When people see someone who is depressed,



they think he can snap out of it. They tell him about all the good things he has in life, that he needs to get it together. The truth is that it's a disease. Once you get depression, you have it for life. The pain of depression is so great for some that their only escape is death."

Hurwitz says that the first port of call in such cases is typically drug therapy, partnered with intensive psychotherapy. "A good psychiatrist doesn't treat a brain, he treats a person," Hurwitz says. "Drug therapy can help, but it needs to be paired with therapy. You cannot treat a person as a brain. There's a human there."

However, some people don't respond to antidepressants, and the next step is electric

convulsive therapy involving anaesthesia and an induced seizure. In certain cases, not even this alleviates the symptoms. This has led to the option of surgery.

says. "There was no alternative. A lobotomy solved a problem, but created zombified people by separating the front of the brain from the back, the mind from motor control. It helped, but it was catastrophic.

"However, in the modern era, people have realised

"In the old days, this was the frontal lobotomy," he

that there are circuits and wiring in the brain. If we interrupt these, we can change something."

Starting in 2000, he devised surgery known as an anterior capsulotomy, a form of brain surgery far more sophisticated than the chilling procedures of the lobotomy days.

The procedure itself involves the screwing of a frame to the skull while one is awake, and using an MRI, X and Y co-ordinates are plotted and a very specific point identified. Two holes the size of 50 cent pieces are made in the skull, and metal probes are inserted through brain tissue. The tips of the probes are heated to 60 degrees for 60 seconds, burning a rectangular lesion and killing the tissue.

The low number of patients who have undergone this operation is explained by the fact that the surgery is a last resort, used only in cases of people who are going to end their lives, and after intensive medical and legal processes are carried out.

Says Hurwitz: "Patients see me for a first opinion, then a colleague for a second opinion.

They then see two other psychiatrists for consent, and then a neurosurgeon. All five send through reports to a lawyer, who meets with the patient to make sure he is aware of what he is going to undergo. A committee then convenes to review the process and accept a patient. In 20 years, only 17 people have been approved. You can't just cut through the brain."

Hurwitz himself sees patients immediately after surgery as a psychiatrist, not a surgeon. "From a neurosurgeon's perspective, if you can stand up and walk after surgery, you're doing well," he says. "I need to see how you're feeling post-surgery. For the first two weeks, a person thinks they're on Mars. After the swelling recedes, I can ask how they feel. They can then tell me how they feel incide.

"This surgery makes them instantly un-sad. There's no term in psychiatry for it."

# Jewish mentalist proves you don't have to be Afrikaans to win

**TALI FEINBERG** 

t's not often that a Jewish guy from Joburg wins a hit Afrikaans game show, but this week, Michael Abrahamson took that crown on Noot vir Noot, one of the longest-running and most popular competitions on South Africa's TV

"It's huge to win, especially for an English-speaking person. It's probably the longest-running game show on South African TV, as this was its 44th season. I think it started in the '70s or '80s, just after TV came to South Africa. It has a massive following around the country, in the Afrikaansspeaking community and other communities," says Abrahamson.

He has been on the show before. He reached the semi-final in the year 2000, and has been trying to compete again ever since. He was finally given the chance to return, and knew he was in it to win it.

Abrahamson was one of only 36 people out of thousands to qualify in the auditions. "It's basically a 1%chance, so the odds are astronomical from the word go. English speakers are also at a huge disadvantage as it's all in Afrikaans and based on Afrikaans music from a database of 20 000 songs," says Abrahamson.

"You have to translate the question in your head, and answer it before the other competitor, who is on top of their game." He also had to answer in Afrikaans, unless the answer was a word, name or phrase in English.

Abrahamson won the title and a monetary prize, but for him it was about "the yichus [bragging rights] of winning this at astronomical odds. The money was immaterial. It was about taking an opportunity and grabbing it, especially after trying to get on the show for so long."

So, how does one prepare to win? "You listen to as much music as possible, but at the end of the day, you know what you know. It's about being able to recall something under a huge amount of pressure - like hearing two notes of a song and being able to identify it," says Abrahamson.

In fact, that's what led him to win. "Those last moments were tense. I was way ahead of my competition until the last round, when my rival caught up. We had to identify two notes of an Afrikaans song. I knew it, pressed the buzzer and won. It was a

huge relief and it hasn't properly sunk in yet!"

Filming the show is a huge commitment - each one-hour episode translates to about 12 hours a day on set, so the contestants need mental and physical stamina. Also, this season was filmed in May, so Abrahamson had to keep his win quiet until now.

Despite the fierce competition, he is good friends with his rivals on the show. They are part of a WhatsApp group with competitors from other seasons. "It's almost like a little family," he



Although Abrahamson is a public figure recognised for sports

commentary and a mentalist world record, he is being recognised even more often following the win. One could say that he is famous. "The reaction among the Jewish community has also been amazing - everyone is excited. Even in shul on Friday night my rabbi spoke about it for 10 minutes!"

When not winning game shows, Abrahamson is a professional mentalist, motivational speaker and sports commentator. He hosts Powerbrain workshops for schoolchildren and students on how to use the brain effectively. "In the show, I used the skills I teach on

staying calm and turning the brain on and off," he says.

He often enters other game shows and quizzes. Next year, he hopes to break a world record he set on Mathematical Pi Day on 14 March when, under the supervision of four watchful judges, his goal was to recall as many digits of Pi as possible in five minutes. Exceeding his own expectation and breaking the South African record, he recalled the first 1 500 digits in an astonishing time of four minutes, seven seconds - 53 seconds faster than his target and without a single error, and all while blindfolded. He hopes to beat this record on 14 March next year.



#### **NOURISHING** NOSH

Hilit Milner

# The not soy clear debate

m often asked whether one should be eating soy products or avoiding them. With all the mixed messages regarding soy or soya products, I'm not surprised there's so much confusion. Even when one looks at the science, there's conflicting evidence. With plantbased diets on the rise, of which soy is a big component, we almost want to ask science to make up its mind already!

Soy and its mystery

Soybeans are legumes that can be eaten in their whole, natural form, namely edamame beans. Other traditional sources include tofu, soya sauce and soya milk. Soy can also be found in its

fermented form such as miso and tempeh. In fact, soybean oil and soy protein are used in the production of many food items without us even realising it. More Westernised processed forms include soy burgers and sausages.

Soy offers an array of nutrients such as B vitamins, fibre, magnesium and calcium, and they are considered complete proteins - offering all nine essential amino acids

Studies of soy consumption as early as the 1940s showed oestrogenic and adverse effects in animals, sparking more worldwide research. However, soy is metabolised differently in animals, and this can cause confusion.

Soy and breast cancer Soy products have a uniquely high content of compounds called isoflavones. Chemically, these have a very similar

structure to the hormone oestrogen. This means they can mimic oestrogen, binding to oestrogen receptors, causing our body's oestrogen levels to increase. An imbalance of oestrogen in the body can result in an increased risk of breast cancer, but does this mean we shouldn't be eating soy?

It isn't as clear-cut as we once thought. While historical research suggests that soy stimulates the growth of oestrogen-dependent cancer cells, studies over the past 20 years show that natural sources of phytoestrogens (like soy and other legume-based foods) are safe and are, in fact, beneficial.

Research published in the journal

beneficial when it comes to avoiding the risk of breast cancer.

soy products is not only safe, but also

Soy and thyroid function

Studies done on thyroid function and soy show no effect of soy on people with normal thyroid function. For those with an underactive thyroid who are taking thyroid hormone replacement therapy, research shows that soy interferes with the medication's absorption, and may result in the need for a higher dose. Having said this, there is no evidence that those with an underactive thyroid should avoid soy. Rather, they should wait a few hours after taking their medication before consuming soy products.

> Soy and cardiovascular health Soy intake has been found to reduce the risk of cardiovascular disease. Soy

contains compounds which lower our LDL cholesterol (the bad cholesterol). In addition, soy products replace fatty, processed meat-based alternatives, contributing to a reduction in the risk of inflammation, cholesterol and

cardiac problems.

Back to the source

Soy's varied health effects stem from the form of soy being consumed. Natural, traditional soy products contain a variety of nutrients and are a healthy option. Fermented soy further helps feed the bacteria in our gut, creating a healthy gut-bacteria balance.

Processed soy products are, however, genetically modified and the crops are

sprayed with the herbicide Roundup, painting a not-so-beneficial health picture. Most people don't consume appreciable levels of soy, and when they do, they are in their processed, unfavourable forms.

Take-home message

Whether listening to the popular press or researching soy, some debate remains. Increasing evidence, however, is showing the product's benefits over possible harm. Unfortunately, with most conclusions there are conditions and a "but", especially when it comes to

Although no single study is perfect, there is sufficient evidence for soy's safety and benefit when it comes to avoiding the risk of breast cancer and maintaining cardiovascular health, if consumed correctly. It's important to remember that this can vary, depending on when you start consuming soy, your current hormonal status, the way you break down soy, and your medical history.

It's also important to consider the type of soy you are eating. Natural or fermented forms such as edamame beans, tempeh, miso and tofu are beneficial, while processed products can be harmful.

Always remember to check the other ingredients when choosing soy products, and go for organic or non-GMO sources where possible.

As with everything, moderation is key. If you're unsure, seek medical advice.

Advertorial

# Aliya made easy with expert advice on your doorstep

ounded by ex-pat Brit Sabrina Ziff, the Israel Property Network (IPN) is the first and only network of independent professional estate agents in Israel.

With more than 25 years' experience in selling and managing an incredibly large and varied international portfolio of properties, Sabrina identified a gap in the Israeli market: the high standard of care, due diligence and attention to detail that is considered the norm outside of Israel simply did not exist on the streets of Jerusalem, Tel Aviv, or many of Israel's leading cities. So she set up IPN to raise the bar of the local

At the start of 2019, Sabrina was joined by Shoshi Kahtan Gentely, an agent with 18 years' experience in the Israeli market, and the perfect

Having both been through the aliya process from London - Shoshi in 1997 and Sabrina in 2009 - they have a lot more to offer new immigrants than helping them find a home. They understand from their own first-hand experience the challenges of aliya, getting to grips with the major cultural differences, and battling through Israeli bureaucracy. That's how, together with a trusted network of the best local lawyers and accountants, and a team of reliable, English-speaking Israeli tradesmen that includes builders, designers and domestic assistants,

they are able to provide a truly comprehensive service to anyone

Cancer in 2007 showed the lack of

association between soy and breast

sources of soy to replace a diet that

is high in alcohol and processed and

refined foods aids in the reduction of

weight and breast cancer. However, a

diet rich in natural soy products is less

effective when introduced later in life.

A recent long-term study including 6

235 participants (as well as other smaller

studies) has shown that consumption of

cancer, emphasising that using natural

Sabrina and Shoshi's vision of extending superior service to their clients around the country is becoming a reality as they expand the IPN network of professional estate agents, all committed to providing the same high standard of service, and all going above and beyond to ensure a smooth transaction and house move for their clients.

Israel is and has always been on an intense growth trajectory, and the current atmosphere felt by Jews all over the world is resulting in a consistent increase in foreign investment in Israeli property. Now in particular, many people are talking about realising their lifelong dream to own a property in the promised land. Sabrina and Shoshi enable this dream to become a reality - without the potential nightmare issues that are so often discussed by potential buyers around their shabbat tables.

No wonder IPN has grown into 14 offices across the country covering many cities. Its brokers and property managers offer the quality service people deserve in sales, rentals, property management, holiday rentals, aliva, and investor services.

Simply put, whether buying or renting, the Israel Property Network makes finding and moving into your new home in Israel easy - from securing the perfect location to ensuring you have Wi-Fi and clean

**JOHANNESBURG & PRETORIA** 

15-21 NOVEMBER 2019 bedlinen when you move in. As Sabrina loves to tell clients, "Don't forget

your toothbrush. Everything else is here waiting for you!" If you are considering aliya and want to find out how IPN can smooth

your way, call or e-mail Ari Kruger on...

STOP PRESS! Sabrina and Shoshi will be in South Africa with their team consisting of independent mortgage advisor Dani Scheter and expat Israeli-qualified lawyer Eli Symon from 15-21 November 2019. They are available for private meetings and for presenting an evening about how to buy, rent and invest in Israel in conjunction with the Israel Centre at Beyachad in Johannesburg, and another evening in Pretoria.

For more information and to book your private meeting or seat at the event contact Ari Kruger SA +27 83 564 9073, Israel +972 58 633 7409 or email ari@israelpropertynetwork.com

**18 SA JEWISH REPORT** 15 - 22 November 2019

# Marilyn Monroe's chanukiah among Judaica sold on auction

**SAUL KAMIONSKY** 

arilyn Monroe's spirit will be lighting up a household this Chanukah, after her chanukiah was sold for more than R1 million at a New York Judaica auction last Thursday.

The brass-plated chanukiah, which has a wind-up mechanism in its base and plays the Israeli national anthem, fetched \$90 018 (about R1.34 million) at the Kestenbaum & Company's "Fine 'My Heart is Yours' by Mr Brainwash Judaica: Printed Books, Manuscripts,

Graphic and Ceremonial Art" auction. The company has auctioned more than 40 000 rare and antique items of Judaica.

Although the auctioneer's hammer came down sooner than the \$100 000 that the company had estimated, the chanukiah has a rich provenance attached to it.

Monroe, the 1950s sex symbol, model and star of films such as Some Like It Hot and The Seven Year Itch, is believed to have received the chanukiah as a gift from the parents of her third husband, American playwright Arthur Miller.

After her divorce from baseball player Joe DiMaggio, Monroe developed a relationship with Miller. In June 1956 they married in a civil service, which was followed by a Jewish religious ceremony two days later.

Monroe, who had just turned 30, never had a real family of her own and was eager to join the family of her new husband. She converted to Judaism, taking the decision seriously and studying Judaic texts with the Miller family's rabbi, Robert E Goldburg.

According to biographer Jeffrey Meyers, Monroe's conversion to Judaism was to "express her loyalty and get close to both Miller and his parents". It is believed that a deep mutual bond was formed with her new parents-in-law, Augusta and Isidore, who gifted Monroe with this chanukiah.

It remained in her possession for the rest of her life, and was displayed on the mantelpiece of her Los Angeles home when a coroner's report ruled that Monroe had died in a "possible suicide" from a barbiturate overdose in August

Monroe's impact was keenly felt in an auction hosted locally by Russell Kaplan Auctioneers on 26 October. A silkscreen with diamond dust artwork of this screen icon's face, titled "My Heart Is Yours", by Mr Brainwash (the pseudonym used by the French-born, Los Angeles-based

street artist Thierry Guetta) was sold for

On 12 November last year, a Monroe fan acquired a siddur that she had owned. The cream-coloured prayer book, which was published in 1922, was sold for \$21 000 at an auction by J Greenstein & Company in Cedarhurst, Long Island.

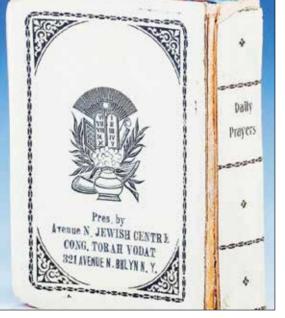
Annotations in the book are believed to have been inscribed by the actress

as an unexpected substitute for his auctioneer father at the tender age of 12.

"We had a family business in Zimbabwe, and one day my father needed to go to the toilet in the middle of an auction," says Burke. "So he turned to the crowd and said: 'Ladies and gentlemen, I present to you the best auctioneer in the world!' I had no choice but to just carry on in his absence, and I absolutely loved

> Another auctioneer who was "thrown into the deep end" is Barney Girnun, the joint managing director of MSC Sports.

"One evening, before I started my own business," says Girnun, "my boss told the organisers of a big wildlife auction that I was the auctioneer. I had



recording the instructions she had received either from Miller or the rabbi who had given her the book.

"It was a daily prayer book. I believe it was used daily," Jonathan Greenstein, an antique Judaica authentication expert, told the Washington Post. "It has had a lifetime of wear in the very short period from the time she was married to Miller to her death."

Someone who knows a lot about the auctioning off of Judaica is South African auctioneer Joey Burke, who

has sold "lots of mezuzot" during his 45 years in the profession. "We actually had a mezuzah art auction once, where all the different artists got together and made some mezuzot. There were some stunning pieces," says Burke.

At the Astra Race Day, held at Kenilworth Racecourse in Cape Town two years ago, Burke sold a Shabbat dinner with table styling and a meal for 10 people at R11 000.

He was thrust onto the auction block

never done one before, but I did it even though I was very nervous."

In the following two decades, Girnun auctioned off many mezuzot, a painting of the late Lubavitcher Rebbe and memorabilia of his uncle, the late Springbok winger Syd Nomis.

Russell Kaplan has been in the auctioneering business for 17 years. During that time, he has auctioned off a pair of silver Torah finials from London, an embroidered Torah curtain panel, an

early 20th-century silver Torah shield, and a sterling silver Torah shield from the same

On 15 September last year, Kaplan's hammer came down at R65 000 for an archival pigment print artwork titled "Lion's Synagogue". It was a photograph by David Goldblatt, one of South Africa's most acclaimed documentary photographers.

Kaplan also auctioned off eight William Kentridge pieces in his most recent auction, held on 26 October, including two

engravings for R40 000 each, titled "Insider Trading: Death on the Outers" and "Industry & Idleness: Double Shift on Weekends Too".

"I have always been in the industry of collectibles and antiques, and a student," says Kaplan, whose auctions feature interesting and unusual furniture, art, jewellery, objects and items.

And interesting items, like Monroe's chanukiah, continue to attract attention at auctions around the world.

#### Saturday (16 November)

• Bet David hosts a talk by Brett Steingo on Keeping Shabbat the Progressive Way. Time: 12.00. Bet David, Middle Road, Morningside. Contact: 011 783 7117.

#### Sunday (17 November)

- The Johannesburg Holocaust & Genocide Centre and the Polish Association of Siberian Deportees in South Africa invite you to the sixth South Africa-Poland History Conference, a half-day event exploring the effects of war trauma on those who were in the gulags of Siberia. There are also talks by visiting academics Dr Marta Nowakowska and Prof Antonia Czechowska Bifulco. Time: 14:00-17:30. Venue: 1 Duncombe Road, Forest Town. RSVP: dowi@jhbholocaust.co.za or 011 640 3100. Free admission.
- The Johannesburg Light Music Society holds its next meeting. There will be two audio presentations before a short interval for refreshments, and then an audio-visual of great music from either Broadway-type shows or MGM movies. Time: 14:00. Venue: Roosevelt Park Recreation Centre. Cost: First-timers free or R20 per head (optional). Contact: David on 011 678 9725 or 076 574 1446.
- Bet David hosts its Mitzvah Day High Tea and Music for seniors. Time: 15.00. Venue: Bet David, Middle Road, Morningside. Contact: 011 783 7117.

#### Monday (18 November)

• The Union of Jewish Women hosts Dennis Arden, honorary fellow and past president of the Photographic Society of South Africa, on A Photographic Record of Machu Picchu, the Peruvian World Heritage Site and of the market at nearby Cusco. Time: 10:00. Venue: 1 Oak Street, Houghton.



Contact: UJW Office on 011 648 1053.

#### Wednesday (20 November)

• The Jewish Women's Benevolent Society is staging a pop-up book store. Date & time: From Wednesday 20 to Friday 22 November, 10:00-15:00, and on Sunday 24 November, 9:00-14:00. All books R10. Venue: On the kosher strip in George Avenue, Sandringham. Contact: 011 485 5232.

#### Thursday (21 November)

- The next meeting of Hebrew speakers will be at 10:30 at the Beyachad building, 2 Elray Street, Raedene.
- Learn Yiddish every Thursday with Tamar Olswang and the Union of Jewish Women. Time: 10.00-11.00. Venue: 1 Oak Street, Houghton. Cost: R100 per person, R80 for pensioners and UJW members. Includes tea, coffee and refreshments. Contact: 011 648 1053.
- Beit Emanuel hosts the 15th Auerbach Memorial Lecture with guest speaker Prof Bonita Meyersfeld, director of the Centre for Applied Legal Studies at the University of the Witwatersrand, recently awarded Knight of the National Order of Merit of France for her two decades of ground-breaking work in the field of gender-based violence. Time: 19:30. Venue: Beit Emanuel, 38 Oxford Road, Parktown. Contact: 011 646 6170.

#### **DEMISE OF NUSSBAUMS A WAKE-UP CALL FOR SUPPORT**

My letter is in response to the article in the SA Jewish Report about the closure of Nussbaums Kosher Butchery, published in the 8 November issue. What a tragedy for the family! However, I think that it's a tragedy also for the Jewish community. Nussbaums has been an icon in Johannesburg from its early beginnings in Doornfontein.

If one views the demise of Nussbaums alongside the closure of Mooz, Friends restaurant, the Flame Grill and others, one sees a potential problem developing in our community. My concern is not restricted to butcheries and eateries. With the economy shrinking, this would be applicable to many businesses and service providers.

We have, in recent years, seen the proliferation of a number of supermarket chains taking it upon themselves to provide kosher products for the Jewish community. While one needs to commend them for providing this service, one should not view this as altruistic. These chains are not doing it for the love of the Jewish community.

It has to be a business decision done for financial gain, and many are able to offer products at discount prices. These are "loss leaders" to attract buyers into their stores to purchase other items at the same time.

There is an urgent need for us to support Jewish-owned businesses and Jewish service providers. As a proud Jew, I feel that it is imperative that we support our fellow Jews. - Monty Kaplan, Johannesburg

#### YOUTH SUMMIT AN UNFORGETTABLE EXPERIENCE

A few weeks ago, I was lucky enough to attend the World ORT/ Scholas Occurentes Youth Summit in Mexico, together with 10 King David high school pupils and two teachers. Scholas is Pope Francis' NGO, and it has a special relationship with World ORT. This was the fourth such annual youth summit.

How does one describe such an impactful experience? It's hard to explain the effect of this programme to those not actually immersed in it. Watching powerful education in action is so heartening. It is one thing to understand the current theories of education, but it is quite another to see that, when expertly handled, it actually works magnificently.

I am so grateful to both World ORT and Scholas for giving the King David students (who live in an isolated place at the tip of Africa and also in a sheltered or protected manner) an opportunity to interact, network and build relationships with students from other cultures, nationalities and religions. The students cannot stop raving about their experiences and feel that their lives have been fundamentally and positively altered.

Personally, the programme gave me, as a school social worker and a representative of King David High School, an opportunity to network with other like-minded educationalists wanting to make positive impacts on the lives of their students. I am so inspired to share with my school all that I have seen and learnt.

- Meryl Malkin, social worker, King David Linksfield High School

#### **ANTI-ISRAEL LOBBYISTS A BUNCH OF EMPTY VESSELS**

Empty vessels make the most sound. That's what the anti-Israel lobbyists sound like to me.

Many people from different races support Israel. They always have, and always

- Magdalena Brak, **Johannesburg** 

# ancing at two chuppahs'



#### **INNER VOICE**

Howard Feldman

y late grandmother, who understood me well, was fond of telling me that I can't "dance at two chuppas". In essence, what she was trying desperately to tell me was that as much as I might want to be, I could not be in two places at once, and that it would best if I focused on one thing at a time. Millennials use the term "FOMO", which is the fear of missing out, and for me it is pretty much the same thing. It explains why I find it difficult to switch off at night, knowing that the world is carrying on and I might be missing something, and why I leap frantically out of bed at 4am, eager to find out what I might have missed.

It's exhausting.

Whereas I may have a particularly aggressive case of FOMO, most of us encounter this every day. It may be that our child is playing a soccer match that we are unable to attend because of a work commitment. Or, we may have two events happening at the same time and we need to choose between them. It's simply part of living and prioritising.

But there is another area in which many diaspora Jews feel the pain more acutely. On Tuesday morning, when I began my radio show at 6am, the news of Israel's assassination of the Islamic Jihad leader was just breaking. Within 10 minutes of being on air, news of sirens in the south of Israel came through, followed by (at that stage) another 25 rockets. Tel Aviv, we were told, was on alert: schools had been cancelled and businesses informed their staff to stay home near

My son lives and works in Tel Aviv. Still on air,

I messaged him: "Ben, are you okay? Is work cancelled?" His response: "Fine, why? Why would it be?" Clearly, he was less up to date than I would have assumed. Less than a minute later, he had received notice from his company, and in no time at all he was running to a bomb shelter (which was still locked).

Each show has a prearranged plan for the entire three hours. On Tuesdays we get the latest updates from Australia, talk technology, and had a planned feature about the future of work. The show is designed to appeal to a cross-section of South Africans and people around the world. Many of my listeners are not Jewish, which has prompted us to introduce a sting, "Hashtag, you don't have to be Jewish", so that non-Jewish listeners know that this is a programme for them too.

All this resulted in Tuesday morning's show being enormously difficult to navigate. With South African news hardly covering the attacks in Israel, if at all, many listeners are desperate for up-todate and current information. For me, knowing that my son was there, made balancing the show an almost impossible task. No matter how hard I tried to focus on the local issues (which were really interesting and important), my heart kept pulling me elsewhere.

Although Tuesday might have been an extreme example, in essence, this is what it means to be a Jew in the diaspora. There are times when we are able to balance the tension better, but there are times when it becomes a massive challenge.

My grandmother passed away before social media became a thing. She never even got to see Facebook or Twitter, and never had to tell us to put our phones down at meals. But even back then she recognised that we are built to be restless. And though it might be that we can't decide which wedding to attend, it is simply because, sometimes, our hearts and our bodies are in different places.

#### Our lethal penchant to fiddle needs a rethink

he threat to human life from climate change renders archaic the disputes about religion, power and territory over which we traditionally fight. A strange "benefit" of the climate crisis is that now nobody can deny humanity is one: either we work together to solve it, or we die together.

But the human being is a creative species and, as dire as the situation is, there are already imaginative attempts to address it. This is epitomised by the Swedish teenage activist Greta Thunberg, who became the world's climate leader with a potent address to United Nations secretary-general Antonio Guterres and UN climate chief Patricia Espinosa at the 2018 climate negotiations.

She condemned the world's political leaders for being in the grip of a "political economy" of exponential growth economics, and banking and multinational corporate interests that are destroying the earth's capacity to support human life for money's sake. Thunberg is a brilliant example of the youth, who may lead the way against so-called leaders sacrificing their children and life on earth.

What does this emergency mean for local community life? There are more questions than answers. Must it be made a public pillar of a community - any community? Clearly, communities cannot continue caring only for their own needs, as if the world will take care of itself.

The threat is pervasive and requires communities to act in co-operation, including individuals, business people and others. Schools could be brought in, enabling people to understand that all activities, big or small, are part of their carbon footprint.

In some cases, these requirements may affect communities' rights to follow traditions and customs; for example, inward-looking communities whose population growth is often exponential, such as some in third world countries; Mormons for whom any birth control is forbidden; and Haredi Jews, for whom every increase in their population is regarded as a blessing. The planet cannot support so many people.

**TAKING ISSUE** 

Geoff Sifrin

People worldwide did not always understand themselves as being part of a global community that needed to act together. Attitudes changed partly with NASA's spaceflights and Neil Armstrong's 1969 moon landing, as people saw not just their own house but the entire planet. A sense of belonging to a worldwide community increased. Events in one place resonated elsewhere: John F Kennedy's assassination, the rise of Margaret Thatcher, Watergate.

Awareness of global warming took off in the 1970s. The "hole in the ozone layer" was the buzz. It rose in South Africa too, but at the height of apartheid there were other issues. Today, ethnic nationalism threatens the global approach to a solution, with its emphasis on separateness exemplified by United States President Donald Trump. But the climate crisis may be the thing to defuse it. Even the nationalists may see that the recent migration crisis from the Middle East will be nothing compared to mass migrations caused by rising sea levels plunging large tracts of land under water.

Some of the problem's sources are obvious, such as burning fossil oil - Thunberg says 100 million barrels are burned every day. Oil has long been fundamental to industry in developed countries. This became starkly clear in the 1973 Yom Kippur War, when members of the Organisation of Petroleum Exporting Countries such as Saudi Arabia, reduced supplies to Europe and the US for collaboration with Israel. Oil prices quadrupled, British industry was reduced to a three-day work week, and US gas stations ran dry. But the prospect of stopping oil use was considered unthinkable.

With today's understanding, however, everyone will have to examine their lifestyle and priorities for humanity's future.

#### ----- A column of the SA Jewish Board of Deputies

# Conference considers state of our nation

Telling people to "face reality" generally means saying they should recognise where there are problems instead of burying their heads in the sand. In a different context, though, it can mean precisely the opposite, namely that we should beware of becoming so fixated on the negatives that we fail to take into account where things are going right. Reality, after all, is by definition allencompassing – it refers just as much to strengths as it does to weaknesses.

In his opening message at our national conference on Sunday, Investec CEO Fani Titi put it well when he said: "While always being realistic, we have to remain hopeful and forward-looking. We cannot afford to lose faith in ourselves and our ability to negotiate the challenges confronting our country, since such negativity can all too easily become self-fulfilling.'

"Unpacking Reality" was the theme of our conference, and our five distinguished panellists obliged by rigorously debating both sides of the question. No one denied the huge challenges facing our society. Undoing the destructive legacy of the state capture era will inevitably take years to accomplish, and although South Africa is in a much better place than it was two years ago, progress has in many ways been disappointingly slow.

Mention was made of the failure so far to prosecute those implicated in serious acts of corruption and the fact that the government has yet to take the tough decisions necessary to fix Eskom and other state-owned enterprises, start addressing the jobs crisis, attract more foreign investment and, in general, get the economy moving forward again.

Against all this the positives were highlighted. Thus, we heard about the vital role a strong, vigorous civil society is playing in confronting the challenges of the day, the exciting opportunities available for entrepreneurs, and how our top universities are producing more world-class



Shaun Zagnoev

graduates and postgraduates than ever before, at a fraction of the cost of their overseas counterparts.

From a Jewish perspective, I dwelt on the continued strength and vibrancy of the community, mentioning our enviable network of outstanding communal organisations, the unmatched proportion of learners in the Jewish day school system, and the success of such initiatives as Limmud, the Sinai Indaba and, of course, the Shabbat Project, a global phenomenon that was birthed in South Africa. I further noted the outsized role that South African Jewry continues to play on the international Jewish stage, and how we are able to thrive in a country where the rights of all faiths are respected and quaranteed. National president Mary Kluk pointed out how strikingly low anti-Semitism levels continue to be in this country at a time when, almost everywhere else, they are assuming alarming proportions.

Another thing that made this year's conference so memorable was the wonderful spirit in which it was conducted. One was aware throughout of a real sense of patriotism, pride and hope on the part of both the participants and the capacity audience. Especially well received were a message of support, recorded at the eleventh hour, from Springbok captain Siya Kolisi, and a tribute to the late musician Johnny Clegg. These two people epitomise the spirit of national unity, and in their own way they have reminded South Africans what we are capable of achieving when we stand

• Listen to Charisse Zeifert on Jewish Board Talk, 101.9 ChaiFM every Friday from 12:00 to 13:00.



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This column is paid for by the SA Jewish Board of Deputies

**20** SA JEWISH REPORT 15 - 22 November 2019

# Israel to take the biggest team ever to Tokyo Olympics

**LUKE ALFRED** 

ith less than nine months to go before the Tokyo Olympics, preparations for the Israeli 2020 team have begun in earnest. Israel will be sending the largest team ever assembled to next year's Games, scheduled for July and August, with the current complement of 85 athletes beating by some margin the 47 athletes assembled for the 2016 Rio Olympics.

The Israeli delegation to the Games may yet be even bigger. Some athletes haven't qualified, and disciplines like judo and windsurfing could swell numbers further. By the time all the qualifying events are over, Israel's team may have closer to 90 members, which would mean it is roughly the same size as the expected South African Olympic squad.

Despite high hopes in 2016, Israel finished 77th on the Rio medal table, immediately behind Norway, Egypt and Tunisia. Her two bronze medals meant that she finished just above Austria, the Dominican Republic, Estonia and Finland.

The Israeli team have only ever won nine medals since their debut Games appearance in 1952, but according to Israeli Olympic officials, it's going to be very different in Japan. In Brazil, Israeli athletes were in five finals, while this time round they're hoping to appear in 10, doubling their chances of medal success.

The squad for next year's

Games rose considerably with the qualification of Israel's baseballers, who won a pre-Olympic qualifying tournament co-hosted by the Italian cities of Parma and Bologna two months ago. With a number of high-profile United States-based professionals like Danny Valencia and

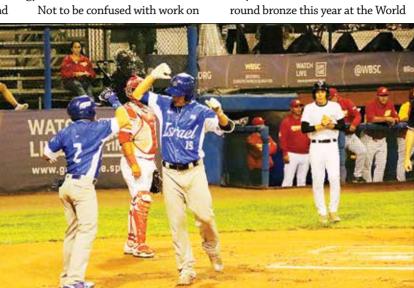
Joey Wagman in their midst, the Israeli team started well in Italy with wins against the hosts, the Netherlands and Spain. In their fourth match they suffered a hiccup against the Czech Republic, and there were fears that their chances of Olympic qualification might be compromised.

They needn't have worried. In their final match they hammered South Africa 11-1, ensuring qualification for Tokyo. After the event in Italy, Peter Kurz, the president of the Israeli Baseball Federation, was so choked up that he said he had "no words".

Along with players, officials and coaches, the baseball delegation has 24 members. Prior to baseball's qualification, only three other teams in Israeli Olympic history had qualified for a Games, the basketballers qualifying in 1952 and the footballers qualifying in 1968

Along with a healthy contingent of baseballers, the Israeli team will also be competing in show-jumping, rhythmic gymnastics and shooting.

The baseballers, many of whom have big-time professional experience, may stand an outside chance of a medal, but a better bet could come from the rhythmic gymnast Linoy Ashram, the current darling of the Israeli gymnastics scene.



apparatus like the vaulting horse

The daughter of parents who are of Moroccan-Jewish and Yemeni

The Israeli baseball team

Championships in Baku.

Although hopes are high that

Ashram has the international

experience and temperament to

The Russian rhythmic gymnasts

Aleksandra Soldatova and Arina

gain a medal in Tokyo, her chosen

disciplines are extremely competitive.

Averina have been pushing hard over

the past few years and are likely to do

so in the Olympics. Whichever way

the medals fall, hopes are high that

descent, Ashram has had a good year, which reinforces the idea that she has the ability to win a medal in Tokyo. During the European Championships in Minsk, Belarus, she won gold with her work with the clubs and ball, but only silver overall. She also won all-

mat itself. There are also high hopes for Team Israel's equestrian contingent. Earlier this year, the Israeli Equestrian Federation (IEF) secured the services of two of the sport's top professionals in Jeroen Dubbeldam and Hans Horn. It was hoped that they would lend the Olympic team's riders their

international expertise.

medal, possibly even with a routine

"Ashram", which consists of a back

bend turn - with assistance - on the

that features her signature move, the

The two, who are both from the Netherlands, bring with them vast knowledge. Dubbeldam, who will be acting as team manager, is a former Olympic and world champion, while Horn is set to fulfil the *chef d'équipe* (team leader) role. "I am happy Hans and Jeroen, two world-renowned equestrian figures, share our vision and have agreed to join Israel's Olympic effort," IEF chairman Ken Lalo told Horse and Hound at the time.

Although hopes are high for Israel's best-ever showing in Tokyo, her Olympic ambitions haven't been greeted with universal acclaim. Critics point out that baseball is a relatively minor sport in Israel, and that the Olympic team comprise largely imported Jewish Americans who have conveniently discovered their Israeli roots only recently. They cite Valencia as one such example. He only became an Israeli citizen earlier this year, just in time for him to participate in the Olympic qualifiers.

and the bars, rhythmic gymnastics consists of a gymnast doing a routine on the mat with props like ribbons and batons to a musical accompaniment. A secretary in the Israeli Defence Forces, Ashram has been competing in gymnastic competitions since she was 12, and many believe that at 20 she is now hitting her peak.

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\* All meat is Mehadrin Commission

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